


Influence of plant growth form, habitat and season on leaf-wax n-alkane hydrogen-isotopic signatures in equatorial East Africa

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18 **Abstract**

19 Leaf-wax *n*-alkanes are produced by terrestrial plants, and through long-term preservation in
20 sediments their stable hydrogen-isotopic signature ($\delta^2\text{H}_{\text{wax}}$) provides useful information on past
21 hydrological variation for paleoclimate reconstructions. However, gaps remain in our understanding of
22 the relationships between the isotopic signatures of leaf waxes and the plants' source water. In this study,
23 we investigated the influence of plant growth form, habitat and season on the distribution patterns and
24 $\delta^2\text{H}_{\text{wax}}$ values of 14 plant species (among which are two grasses, five trees and seven shrubs) sampled
25 during four successive dry and wet seasons in three distinct habitats around Lake Chala in equatorial East
26 Africa. Variation in $\delta^2\text{H}_{\text{wax}}$ was analyzed with linear mixed-effect models and compared with the
27 associated values of xylem water ($\delta^2\text{H}_{\text{xylem}}$), leaf water ($\delta^2\text{H}_{\text{leaf}}$) and biosynthetic hydrogen fractionation
28 (ϵ_{bio}). Our results show that plant growth form was the most important driver of modern-day $\delta^2\text{H}_{\text{wax}}$
29 variability in the study area, and that differences in $\delta^2\text{H}_{\text{wax}}$ among habitats to a large extent reflect how
30 each major growth forms is represented in those habitats. Individual plant species appear to express
31 substantial species-specific isotopic fractionation that cannot be attributed to the tested external factors
32 but rather seem to depend on intrinsic (e.g., plant phenological and biosynthesis-related) factors. For the
33 purpose of calibrating $\delta^2\text{H}_{\text{wax}}$ signatures against vegetation types, it is thus crucial to analyze
34 representative samples of the plant communities present in the study area. Our results further indicate
35 that paleohydrological studies in regions receiving rain from multiple moisture sources must take into
36 account possible seasonal bias in the $\delta^2\text{H}_{\text{wax}}$ signature relative to annual rainfall, due to unequal use of
37 those moisture sources by the plants. Finally, the strong influence of plant growth form on $\delta^2\text{H}_{\text{wax}}$ values
38 argues for $\delta^2\text{H}_{\text{wax}}$ variation in paleo-records being evaluated in conjunction with independent proxy data
39 on changes in vegetation composition. Differences in *n*-alkane distribution patterns among trees, shrubs
40 and grasses (e.g., average chain length, carbon preference index and $\text{C}_{31}/(\text{C}_{29}+\text{C}_{31})$ ratio) may provide
41 such proxies, and can be produced from the same leaf-wax *n*-alkane dataset used to determine $\delta^2\text{H}_{\text{wax}}$.

42 *Keywords:* Organic geochemistry; Paleohydrology; Hydrogen-isotopic fractionation; Lipid biomarker
43 proxies; Plant physiology; Biosynthetic pathways; Hydrological cycle; Net enrichment; Leaf-wax *n*-
44 alkanes; Moisture sources; Hydroclimate reconstruction

46 Climate models developed to predict future climate change are continuously refined by our
47 understanding of current and past climate variability. Particularly crucial in this regard are the temporal
48 dynamics of tropical hydrological systems, as these strongly shape global climate (Schneider et al.,
49 2014). In this context, paleoclimate research in the tropics provides important counterparts to the better-
50 established records from polar and north-temperate regions (Clement et al., 2004). One widely used
51 proxy in the reconstruction of past tropical climate variability are leaf-wax *n*-alkanes ($\delta^2\text{H}_{\text{wax}}$) extracted
52 from marine and lake sediments (e.g., Schefuß et al., 2005; Tierney et al., 2008; Tierney et al., 2011;
53 Berke et al., 2012; Costa et al., 2014; Garcin et al., 2018). Hydrogen in leaf-wax *n*-alkanes originates
54 from the plant's source water and as a result the $\delta^2\text{H}_{\text{wax}}$ values of terrestrial plants show a strong
55 relationship with the hydrogen-isotopic signature of precipitation (e.g., Sachse et al., 2004; Polissar and
56 Freeman, 2010; Garcin et al., 2012); see Sachse et al. (2012) for a general review of the method.

57 Spatial and temporal patterns in the isotopic signature of precipitation ($\delta^2\text{H}$ and $\delta^{18}\text{O}$) are affected by
58 several environmental variables including temperature, relative humidity and origin of the precipitation
59 water (Craig, 1961; Dansgaard, 1964; Gat, 1996). Consequently, $\delta^2\text{H}$ values of past precipitation as
60 recorded in leaf-wax *n*-alkanes extracted from sedimentary archives may provide invaluable information
61 on past hydrological variability. After litter fall or through atmospheric transport (Nelson et al., 2018),
62 leaf waxes are temporarily stored in soils (Griepentrog et al., 2016), delivered to lakes (Feakins et al.,
63 2018) and ultimately buried in sediments (Douglas et al., 2014), where they are relatively resistant to
64 microbial breakdown (Schimmelmann et al., 1999) and can thus be preserved over long time scales, at
65 least in suitable depositional systems (Eglinton and Eglinton, 2008). However, for correct interpretation
66 of a sedimentary leaf-wax archive located in a particular region it is important to understand the region's
67 modern-day hydrogen-isotopic 'signature transfer' system, which includes 1) the isotopic fractionation
68 taking place during the incorporation of hydrogen from the plants' source water into their leaf waxes,
69 and 2) the spatial and temporal integration of the hydrogen-isotopic signature which occurs until delivery
70 of the waxes to the lake and their permanent burial in the lake-sediment archive. Focusing on the first
71 issue, and despite the great potential of hydrogen-isotopic signatures of leaf waxes as a paleohydrological
72 proxy, major uncertainties remain about the 'net' (or 'apparent') hydrogen-isotopic fractionation (ϵ_{net})
73 between plant source water and leaf-wax *n*-alkanes (Sachse et al., 2012).

74 Most plants do not capture precipitation directly but tap into soil water. The isotopic signature of plant
75 source water is determined by the depth at which plant roots access this soil water, because the
76 evaporation of soil water, which affects its isotopic composition, decreases with soil depth (Dawson and
77 Ehleringer, 1991; Evaristo et al., 2015). The isotopic signature of xylem water is considered equal to that
78 of the used soil water, as most commonly no isotopic fractionation is observed during water uptake and
79 transport through the roots (White et al., 1985). However, recent research suggests that isotopic
80 fractionation may nevertheless occur, at least in xerophytic species (Ellsworth and Williams, 2007) and
81 under arid conditions (Zhao et al., 2016); and that it can be enhanced by the presence of arbuscular
82 mycorrhizas (Poca et al., 2019).

83 Transpiration via the leaves to the ambient atmosphere results in further isotopic enrichment of leaf
84 water compared to xylem water (Cernusak et al., 2016). Temperature and RH of the atmosphere, the
85 isotopic signature of water vapor surrounding the plant, and leaf phenology (deciduous versus evergreen)
86 in relation to seasonal variability in these atmospheric variables concurrently determine the relative

87 isotopic enrichment of leaf water (Kahmen et al., 2008; Kahmen et al., 2013). Finally, leaf water (or in
88 the case of grasses, a mixture of xylem and leaf water) is the ultimate source of hydrogen for the
89 biosynthesis of leaf-wax *n*-alkanes, which are usually strongly isotopically-depleted in hydrogen
90 compared to leaf water, due to strong hydrogen-isotopic fractionation during biosynthesis (e.g., Sessions
91 et al., 1999); the latter can be due to differences in metabolic pathways, hydrogen transfer reactions and
92 extrinsic environmental factors (Eley et al., 2014; Newberry et al., 2015; Cormier et al., 2018).

93 The ‘net’ fractionation (ϵ_{net}) between plant source water and leaf-wax *n*-alkanes integrates three
94 potential sources of isotopic fractionation: soil water evaporation, leaf-water transpiration and
95 biosynthetic fractionation. Thus, constraining each of these three sources of variability is paramount for
96 paleohydrological interpretation (Smith and Freeman, 2006; Liu and Yang, 2008; Sachse et al., 2012).
97 Therefore, the spatiotemporal variation in $\delta^2\text{H}_{\text{wax}}$ (but also of source, xylem and leaf water) needs to be
98 determined across the terrestrial ecosystems from which leaf waxes are transported into the studied
99 sediment archive. In the present study, we report observations from a data-scarce tropical region in
100 equatorial East Africa, with the overarching aim to improve mechanistic understanding required for
101 reliable interpretation of $\delta^2\text{H}_{\text{wax}}$ as paleohydrological proxy. We investigated the distribution patterns
102 (i.e. average chain length and carbon preference index) and $\delta^2\text{H}_{\text{wax}}$ from diverse species and growth forms
103 of terrestrial plants in three distinct habitats around Lake Chala, during four successive wet and dry
104 seasons between December 2013 and July 2014. This data is compared with $\delta^2\text{H}$ values from a wide
105 range of water sources, including local precipitation as well as plant xylem and leaf water, to determine
106 the hydrogen-isotopic fractionation between the distinct water sources and the leaf-wax *n*-alkanes.
107 Furthermore, we evaluated the influence and relative importance of plant growth form, habitat and
108 seasonality in order to answer the following questions:

109 1) How do leaf-wax *n*-alkane distribution patterns and their hydrogen-isotopic signatures ($\delta^2\text{H}_{\text{wax}}$)
110 vary across different plant growth forms, habitats and seasons?

111 2) Can $\delta^2\text{H}_{\text{wax}}$ values be explained by the hydrogen-isotopic signatures of plant xylem water ($\delta^2\text{H}_{\text{xylem}}$),
112 leaf water ($\delta^2\text{H}_{\text{leaf}}$) or the biosynthetic hydrogen fractionation (ϵ_{bio}), and how do these vary across
113 different plant growth forms, habitats and seasons?

114 3) What are the implications for paleohydrological studies, which apply the hydrogen-isotopic
115 signature of leaf-wax *n*-alkanes ($\delta^2\text{H}_{\text{wax}}$) to reconstruct past climate variability?

116 2. MATERIAL AND METHODS

117 2.1. Study site

118 Our study sites are located in three distinct plant habitats (crater rim, lakeshore and savanna)
119 surrounding Lake Chala (3°19’S, 37°42’E; locally spelled ‘Challa’ after a nearby village), a 4.2 km², ca.
120 92-m deep crater lake (Moernaut et al., 2010) situated at 880 m above sea level (m a.s.l.) on the
121 southeastern slope of Mt. Kilimanjaro in equatorial East Africa. This region has a pronounced bimodal
122 rainfall seasonality, induced by bi-annual passage of the tropical rain belt across the equator (Nicholson,
123 2018). Southeasterly (SE) ‘long’ monsoon rains from March to May and northeasterly (NE) ‘short’
124 monsoon rains from late October until December are separated by a short dry season in January-February
125 and a long dry season from June until mid-October (Nicholson, 2000). The local climate is tropical semi-
126 arid with mean annual precipitation of ca. 530-650 mm and mean annual temperature of $25.5 \pm 1.2^\circ\text{C}$

127 (mean $\pm 1\sigma$; Hemp, 2006; De Wispelaere et al., 2017). As recorded at the town of Voi, ca. 80 km east of
128 Lake Chala, highest mean monthly day- and nighttime temperatures occur in February-March (ca. 33
129 and 21 °C, respectively) and lowest in July-August (ca. 28 and 18 °C, respectively; Buckles et al., 2014;
130 De Wispelaere et al., 2017). A detailed description of the vegetation at our three distinct sampling sites
131 can be found in Hemp (2006). In short, the vegetation of the crater basin and rim surrounding Lake Chala
132 consists of different types of open forest and savanna woodland with either succulent or deciduous
133 species dominating the tree layer. The lakeshore is rimmed by a narrow fringe of tropical evergreen
134 forest. The dominant vegetation on the outer crater slopes and in areas further afield is dry savanna
135 woodland with C₄ grasses.

136 **2.2. Sample collection**

137 Plant materials were collected during four successive seasons in 2013-2014: the short rain season
138 (December 2013, NE monsoon), the short dry season (February 2014), the long rain season (April 2014,
139 SE monsoon) and the long dry season (July 2014). However, because the 2014 long rain season atypically
140 started already in February, our data for the short dry season is likely influenced by SE monsoon rainfall.
141 In total, 14 locally common plant species representative for the region and including the three principal
142 growth forms (grass, shrub or tree; Table 1) were selected across three contrasting local habitats:
143 lakeshore forest, and savanna woodland with either shallow or deep soils. The two dominant grasses in
144 this lowland savanna (*Themeda triandra*, *Enteropogon macrostachyus*) are both perennial C₄ species; in
145 equatorial East Africa, C₃ grasses are restricted to high-mountain environments. Shrubs were defined as
146 woody plants with multiple stems, while trees had one erect woody stem. The lakeshore forest was
147 sampled at its northeastern end where the crater rim is lowest (ca. 60 m); savanna woodland on deep soils
148 outside the crater basin was sampled ca. 500 m to the northwest of the lake; and dry savanna woodland
149 on shallow rocky soils was sampled at the top of the western rim (ca. 180 m above lake level). A map
150 with the habitat locations relative to Lake Chala is given in Fig. 1.

151 In the three habitats we sampled the four (lakeshore), six (savanna) or eight (crater rim) locally most
152 abundant plant species, with the aim to achieve good representation of vegetation composition in each
153 habitat. Further, between two and four individual plant specimens (replicates) of each plant species were
154 sampled on each of the four collection dates. Four plant species (*Thylacium africanum*, *Vepris*
155 *uguenensis*, *Themeda triandra*, *Grewia tephrodermis*) were common in two of the three habitats (Table
156 1) and hence sampled in both, thereby allowing a separation of species and habitat effects.

157 Plant xylem tissue was sampled with two different techniques, depending on plant characteristics. For
158 trees with a diameter >10 cm, a core drill sample was extracted (diameter 4.30 mm, length 300 mm) and
159 the outer layer (epidermis, cortex, bark fibers, phloem) was removed to prevent contamination with
160 phloem sap. For smaller trees and shrubs, twig pieces were sampled and the outer layer was scraped off
161 using a knife. No xylem tissue was sampled from grasses. Xylem samples were stored in sealed glass
162 vials with rubber/PTFE liner until water extraction.

163 Plant leaves were sampled depending on plant growth form. For grasses, the whole above-ground
164 plant was sampled, which consisted entirely of green leaves. For trees and shrubs, fresh leaves were
165 randomly collected at different heights and at the four cardinal points (exposure towards north, east,
166 south, west) and merged into one composite sample representing the entire plant. Entire leaves were
167 collected to allow for intra-leaf variability (Helliker and Ehleringer, 2000; Sessions, 2006). All leaves

168 were sampled between 10AM and 3PM (UTC+3) to limit the effect of diurnal variation in transpiration
169 on the isotopic signature of leaf water (Cernusak et al., 2002; Li et al., 2006; Kahmen et al., 2008). For
170 leaf-water analysis, leaf samples were stored frozen until water extraction, while for leaf-wax *n*-alkane
171 analysis, leaf samples were kept in paper envelopes until dry for 7 days at 40 °C, subsequently ground
172 using a centrifugal mill (Retsch ZM 200) and stored in self-sealing LDPE bags until lipid extraction.

173 2.3. Leaf- and xylem-water extraction and isotopic analysis

174 Methods and results of leaf and xylem water analysis were presented by De Wispelaere et al. (2017).
175 In brief, leaf and xylem water was quantitatively extracted via cryogenic water vacuum distillation (West
176 et al., 2006). Following Araguás-Araguás et al. (1995), isotopic data were retained for interpretation only
177 if the extraction efficiency, determined by further drying of the sample at 105 °C for at least 48h,
178 exceeded 98%. The $\delta^2\text{H}$ of these water samples was determined using cavity ring-down spectrometry
179 (WS-CRDS, L2120-i, Picarro, USA), coupled with a vaporizing module (A0211 high-precision
180 vaporizer) and a micro-combustion module, which eliminates the interference of organic compounds
181 (Martín-Gómez et al., 2015). Each sample was measured 10 times, of which the first 5 injections were
182 eliminated in order to overcome memory effects. The measurement uncertainty ($\pm 1 \sigma$) was 0.4‰.

183 Hydrogen-isotopic signatures are expressed using the delta (δ) notation, which is the relative
184 difference in isotopic ratio of the heavy isotope to the most abundant isotope (here, $^2\text{H}/^1\text{H}$) in the sample
185 (R_{sample}), relative to this same isotopic ratio of an international standard (R_{standard}) (Gat, 2010).

$$186 \quad \delta = \left(\frac{R_{\text{sample}} - R_{\text{standard}}}{R_{\text{standard}}} \right)$$

187 For stable hydrogen isotopes, the reference standard is Vienna Standard Mean Ocean Water
188 (VSMOW) which, by definition, has a $\delta^2\text{H}$ value of 0‰.

189 2.4. Lipid extraction and purification

190 Lipids were extracted from dried leaf samples using an accelerated solvent extractor (ASE 350,
191 Thermo Scientific, Bremen, Germany). Each extraction cell (type SST, 22 ml) was provided with top
192 and bottom pre-extracted cellulosic filters (27 mm), filled with 0.5-0.7 g ground leaf material and topped
193 up with diatomaceous earth (flux-calcined, Sigma-Aldrich). Extraction was performed with
194 dichloromethane:methanol (9:1, v:v) at 103 °C for at least three cycles of 6 min each and 60 % flush.
195 The solvent was evaporated to dryness under reduced pressure at 40 °C and re-dissolved in 3 ml *n*-
196 hexane. Total lipid extracts were transferred to a silica-gel column (Chromabond 6 ml SPE, filled with
197 500 mg of SiOH, Machery-Nagel) preconditioned with two times 4 ml *n*-hexane. The neutral fraction
198 (containing *n*-alkanes) was collected by elution with 4 ml *n*-hexane. Finally, the solvent was reduced in
199 volume and transferred to chromatography vials.

200 2.5. Hydrogen-isotopic analysis of leaf-wax *n*-alkanes

201 The hydrogen-isotopic signature of *n*-alkanes (in leaf waxes, $\delta^2\text{H}_{\text{wax}}$) was measured by capillary gas
202 chromatography-thermal conversion-isotope ratio mass spectrometry (GC-TC-IRMS; Trace GC Ultra

203 interfaced via a GC/C III to a Delta^{PLUS} XP IRMS, Thermo Scientific, Bremen, Germany) equipped with
204 a programmable temperature vaporizer (PTV) injector and a BPX 5 column (30 m x 0.25 mm x 0.5 μ m,
205 SGE, Milton Keynes, UK). Thermal conversion (pyrolysis) was done using a ceramic reactor kept at
206 1425°C and conditioned by injecting iso-octane in straight mode. H₃⁺ was <6 ppm/nA and determined at
207 least every second day assuring a H₃⁺ drifter <0.03 ppm/nA/h. Samples were injected at least in duplicate
208 and five consecutive samples were bracketed with four external laboratory reference mixtures of different
209 concentration covering the concentration range of the samples. The laboratory reference mixtures were
210 composed of odd *n*-alkanes from C₂₅ to C₃₅, with $\delta^2\text{H}$ values ranging from -91.5‰ to 245.6‰ which was
211 calibrated toward a certified reference mixture (A4) that is traceable to VSMOW, SLAP, NBS 19, and
212 L-SVEC and was provided by Arndt Schimmelmann (Indiana University, USA). Combined uncertainty
213 toward the VSMOW-SLAP scale for the laboratory standard was <2.5‰ (and <2.0‰ for five of the six
214 alkanes). For samples, only chromatographic peaks in the linear range of the IRMS (1000 to 10,000 mV)
215 were considered. At the start and end of each measurement, series of H₂ working-gas pulses were injected
216 in the system, and used as temporary scale anchor between sample and reference-mixture measurements
217 (Meier-Augenstein and Schimmelmann, 2019), resulting in an average combined uncertainty of 2.4‰
218 on the VSMOW-SLAP scale for $\delta^2\text{H}$ values of C₂₉ and C₃₁ alkanes in our plant samples. Prior to GC-
219 TC-IRMS analysis, concentrations and peak purity of *n*-alkanes were determined using gas
220 chromatography-mass spectroscopy (GC-MS; single quadrupole mass spectrometer, DSQ, Thermo
221 Scientific, Germany coupled with a Trace GC). This pre-assessment was also used to adjust the volume
222 of solvent to optimize *n*-alkane concentration, targeting 100 μ g/mL before the GC-TC-IRMS isotope
223 analysis. Peak purity was evaluated visually (absence of peak distortion and shoulders) and using the
224 spectral deconvolution software AMDIS (AMDIS32 V2.1, National Institute of Standards and
225 Technology Maryland, USA), setting the minimum purity index equal to 80 (Mallard, 2014).

226 In principle, the $\delta^2\text{H}_{\text{wax}}$ signature of each individual leaf-wax *n*-alkane compound can be suitable as
227 paleohydrological proxy. However, calculating an abundance-weighted mean $\delta^2\text{H}_{\text{wax}}$ value to obtain one
228 single integrated isotopic signature per measured sample has several advantages (Gao et al., 2014). First,
229 including multiple homologues reduces the potential influence of outliers, increases the likelihood of
230 obtaining representative isotopic data (homologues with high concentrations account for more) and gives
231 a statistically more robust representation. Second, integration avoids data gaps when concentrations of
232 certain individual compounds in a sample are too low for accurate isotopic measurement. In our study,
233 $\delta^2\text{H}_{\text{wax}}$ of C₂₉ and C₃₁ (the two most abundant *n*-alkanes, see paragraph 3.1) showed strongly positive
234 correlation ($r_p = 0.88$, $p < 0.001$, $n = 126$), justifying the use of an abundance-weighted mean of these
235 two homologues. Thus, from here on, $\delta^2\text{H}_{\text{wax}}$ refers to the abundance-weighted mean $\delta^2\text{H}$ value of C₂₉
236 and C₃₁. These two compounds are also the most commonly applied leaf-wax *n*-alkanes in non-marine
237 paleohydrological research (Sachse et al., 2012 and references therein).

238 2.6. Hydrogen-isotopic enrichment

239 The isotopic enrichment $\epsilon_{a/b}$ is the relative difference in isotopic ratio between source (R_b) and product
240 (R_a) and represents the isotopic fractionation from (b) to (a). For hydrogen (²H) it is computed as (Sachse
241 et al., 2012):

242
$$\varepsilon_{a/b} = \frac{R_a - R_b}{R_b} = \left(\frac{\delta^2 H_a + 1}{\delta^2 H_b + 1} - 1 \right)$$

243 In our study, we calculated the following hydrogen-isotopic enrichments: 1) $\varepsilon_{\text{leaf/source}}$ between the
 244 hydrogen-isotopic signature of plant source water ($\delta^2 H_{\text{source}}$) and the hydrogen-isotopic signature of leaf
 245 water ($\delta^2 H_{\text{leaf}}$); 2) ε_{bio} (i.e. $\varepsilon_{\text{wax/leaf}}$) between the hydrogen-isotopic signature of leaf water ($\delta^2 H_{\text{leaf}}$) and the
 246 abundance-weighted average hydrogen-isotopic signature of C₂₉ and C₃₁ *n*-alkanes ($\delta^2 H_{\text{wax}}$); and 3) ε_{net}
 247 (i.e. $\varepsilon_{\text{wax/source}}$) between the hydrogen-isotopic signature of plant source water ($\delta^2 H_{\text{source}}$) and the
 248 abundance-weighted average hydrogen-isotopic signature of C₂₉ and C₃₁ *n*-alkanes ($\delta^2 H_{\text{wax}}$).

249 For plant source water three different water pools were used to compare the outcome of calculations:
 250 1) volume-weighted mean annual precipitation with a hydrogen-isotopic signature of -6.5‰ (De
 251 Wispelaere et al., 2017); 2) NE monsoon rainwater with an average hydrogen-isotopic signature of -
 252 26.5‰ (De Wispelaere et al., 2017); and 3) hydrogen-isotopic signature of xylem water ($\delta^2 H_{\text{xylem}}$), which
 253 varied from -87 to 25‰ (-17 ± 17‰, *n* = 132) throughout the year (this study).

254 2.7. Leaf-wax *n*-alkane distribution patterns

255 Terrestrial higher plants produce significant amounts of *n*-alkanes, with predominance of odd-
 256 numbered carbon chains, of which typically one or two chain lengths dominate (Eglinton and Hamilton,
 257 1967). A simple parameter to describe the *n*-alkane distribution pattern is the average chain length (ACL).
 258 It represents the abundance-weighted average chain length of the different carbon compounds (Freeman
 259 and Pancost, 2014). The odd-over-even ratio of carbon chain lengths is expressed as the carbon
 260 preference index (CPI). The CPI of *n*-alkanes is often used to discriminate between fresh biogenic and
 261 petrogenic contributions, as the latter lack a strong odd-number dominance (Freeman and Pancost, 2014),
 262 while terrestrial higher plants typically produce *n*-alkanes with CPI values considerable higher than 1
 263 (Eglinton and Hamilton, 1967; Rieley et al., 1991). ACL and CPI were here calculated as follows:

264
$$ACL_{27-33} = \frac{\sum (n \cdot C_n)}{\sum (C_n)}$$

265
$$CPI_{27-33} = \left[2 \cdot \sum_{\text{odd}} (C_{27-33}) \right] / \left[\sum_{\text{even}} (C_{26-32}) + \sum_{\text{even}} (C_{28-34}) \right]$$

266 with C_n being the concentration of each compound with *n* carbon atoms (Bray and Evans, 1961;
 267 Freeman and Pancost, 2014).

268 2.8. Statistical analyses

269 In general, presented data refer to the observed mean value along with the standard deviation (SD)
 270 and number of observations (*n*). Analysis of variance was performed for comparisons among plant
 271 growth form, habitat and season. Tukey's post-hoc comparisons were used to examine the significance
 272 of differences between selected groups of samples. A cut-off value of *p* < 0.05 was used to indicate
 273 significant differences. These statistical analyses were performed with IBM SPSS Statistics software
 274 (Version 24, IBM Corporation, 2016).

275 In further statistical analysis, we fitted mixed-effect models with respectively ACL, CPI,
276 $C_{31}/(C_{29}+C_{31})$ ratio, δ^2H_{leaf} , δ^2H_{wax} and ϵ_{bio} as response variables. In this setup we used growth form,
277 habitat and season as fixed effects, with a random error structure, and introduced the sampled plant
278 species as a random effect, as the species themselves represent a randomly drawn sample from the pool
279 of common species present at each location. Models were then fitted using maximum-likelihood methods
280 in the ‘lme4’ package in R (Bates et al., 2015). Finally, the marginal and conditional R^2 were calculated
281 for all models, which indicate the proportion of the variance that is explained, respectively, by the fixed
282 structure and the fixed and random structures together (Nakagawa and Schielzeth, 2013). Differences
283 between marginal (fixed effects) and conditional (overall model) R^2 gives the proportion of variance
284 explained by random (species) effects. All analysis were done using R software (R Core Team, 2018).

285

3. RESULTS

286

3.1. Leaf-wax *n*-alkane distribution patterns among plant growth forms, habitats and seasons

287

288 Carbon chain lengths of *n*-alkane compounds in plant leaves ranged from C_{21} to C_{35} , with the dominant
289 *n*-alkanes being the odd homologues C_{27} to C_{33} (combined relative abundance $88.0 \pm 10.4\%$, $n = 209$,
290 Supplementary Fig. 1), resulting in ACL values ranging between 28.3 and 31.9, with an overall average
291 of 30.2 ± 0.9 ($n = 209$). Variation in ACL values among replicates of the same species (separate per
292 habitat and season, and expressed as standard deviation normalized to overall ACL range) was $6.5 \pm$
293 6.0% (Supplementary Fig. 2). ACL values were significantly influenced by growth form ($p < 0.001$),
294 with ACL values of shrubs (30.0 ± 1.0 , $n = 107$) being slightly lower than those of grasses (30.8 ± 0.4 , n
295 $= 20$, $p < 0.001$) and trees (30.4 ± 0.6 , $n = 64$, $p < 0.01$). Habitat and season had no significant effect on
296 ACL values overall ($p = 1.00$ and $p = 0.31$, respectively). The linear mixed-effect model for ACL
297 explained 79% of the overall variability, with 18% allocated to fixed effects (growth form, habitat,
298 season) and 61% to random (i.e. species) effects (Table 2). Parameter estimates of fixed effects were
299 higher for growth form compared to habitat and season (Table 2) and confirm that only growth form
influenced ACL values.

300

301 All 14 plant species in our study showed a predominance of odd over even carbon numbers (CPI
302 values ranging between 1.6 and 50.1, $n = 188$), with an overall mean CPI value of 12.8 ± 8.7 . Variation
303 in CPI among replicates of the same species was $7.3 \pm 7.1\%$ (Supplementary Fig. 2). One shrub species
304 (*Thylachium africanum*) had an exceptionally low CPI value of 2.6 ± 0.8 ($n = 18$, including specimens
305 from crater rim and lakeshore). CPI values were significantly different between all growth forms ($p <$
306 0.001) with highest values for grasses (23.9 ± 9.5 , $n = 20$) followed by trees (15.0 ± 6.4 , $n = 60$) and
307 shrubs (9.2 ± 6.4 , $n = 102$; Fig. 2). Habitat had no significant effect on CPI values overall ($p = 0.95$). CPI
308 values were significantly different ($p < 0.01$) between the two rainy seasons, with higher values for the
309 NE monsoon rains (17.1 ± 11.9 , $n = 33$) compared to the SE monsoon rains (10.2 ± 7.0 , $n = 48$), especially
310 in grasses (Fig. 2). Dry-season CPI values were intermediate between those of the two rainy seasons, and
311 not significantly different from each other ($p = 1.00$), for all growth forms. The linear mixed-effect model
312 for CPI explained 61% of the overall variability, with 29% allocated to fixed effects (growth form,
313 habitat, season) and 33% to random effects (Table 2). Parameter estimates of fixed effects showed higher
314 values for growth form compared to habitat and season (Table 2), confirming the stronger influence of
growth form on CPI values.

315 The ratio of $C_{31}/(C_{29}+C_{31})$ averaged over all plant types, habitats and seasons equaled 0.57 ± 0.24
316 (ranging between 0.01 and 1.00, $n = 209$). Variation in $C_{31}/(C_{29}+C_{31})$ ratio among replicates of the same
317 species was $5.9 \pm 7.1\%$ (Supplementary Fig. 2). Growth form significantly influenced the $C_{31}/(C_{29}+C_{31})$
318 ratio ($p < 0.001$) with shrubs showing lowest values (0.50 ± 0.25 , $n = 120$), followed by trees ($0.62 \pm$
319 0.21 , $n = 66$) and highest values for grasses (0.79 ± 0.07 , $n = 23$; Fig. 3). Note that the significance of
320 this effect is not affected by the difference in sample size between the three growth forms ($p < 0.001$ also
321 when n in shrubs and trees is reduced to 23 via random selection). Habitat and season had no significant
322 effect on the $C_{31}/(C_{29}+C_{31})$ ratio ($p = 0.90$ and $p = 0.58$, respectively). The linear mixed-effect model for
323 the $C_{31}/(C_{29}+C_{31})$ ratio explained 66% of the overall variability, with 19% allocated to fixed effects
324 (growth form, habitat, season) and 47% to random effects (Table 2). Parameter estimates of fixed effects
325 showed higher values for growth form compared to habitat and season (Table 2), confirming the stronger
326 influence of growth form on the $C_{31}/(C_{29}+C_{31})$ ratio.

327 **3.2. Leaf-wax n -alkane δ^2H variation among plant growth forms, habitats and seasons**

328 Averaged over all plant types, habitats and seasons δ^2H_{wax} equaled $-126.4 \pm 26.5\text{‰}$ (ranging between
329 -202.4 and -70.9‰ , $n = 165$; Fig. 4). Variation in δ^2H_{wax} among replicates of the same species was $4.7 \pm$
330 4.8% (Supplementary Fig. 2).

331 Growth form significantly influenced the δ^2H_{wax} signature ($p < 0.001$), with grasses exhibiting on
332 average the most depleted values ($-163.5 \pm 15.2\text{‰}$, $n = 23$) followed by shrubs ($-123.8 \pm 22.7\text{‰}$, $n = 96$)
333 and trees ($-113.1 \pm 21.5\text{‰}$, $n = 46$). At the level of individual species, *Boswellia neglecta* (the only tree
334 commonly occurring on the crater rim; Table 1) had leaf waxes relatively strongly 2H -depleted for a tree,
335 whereas those of the shrub *Maerua* sp. are even less depleted than most trees (Fig. 4). δ^2H_{wax} values also
336 depended significantly on habitat, with on average less depleted values at the lakeshore ($-106.1 \pm 16.5\text{‰}$,
337 $n = 34$) than on the crater rim ($-129.2 \pm 24.1\text{‰}$, $n = 87$, $p < 0.001$) and in the savanna ($-136.4 \pm 29.5\text{‰}$,
338 $n = 44$, $p < 0.001$). At least part of this effect is due to the fact that grasses are uncommon in the lakeshore
339 forest, and hence were not sampled (Supplementary Fig. 3a). In line with this observation, the compound
340 δ^2H_{wax} signature of crater rim and savanna vegetation was not significantly different ($p = 0.26$). On the
341 other hand, δ^2H_{wax} values for *Thylachium africanum* shrubs sampled at the lakeshore were also less
342 depleted than those sampled on the crater rim (respectively $-113.1 \pm 9.3\text{‰}$, $n = 7$; and $-122.2 \pm 12.9\text{‰}$,
343 $n = 11$), although the difference between them is not significant ($p = 0.13$). The two shrub species sampled
344 both in savanna and on the crater rim (*Grewia tephrodermis* and *Vepris uguenensis*) have more similar
345 δ^2H_{wax} values in both habitats ($p = 0.21$ and $p = 0.53$, respectively), i.e. consistent with the compound
346 δ^2H_{wax} values of these two habitats as a whole also being similar. Further, leaf waxes of the grass
347 *Themeda triandra* were significantly more 2H -depleted in the savanna than on the crater rim ($p < 0.001$;
348 Supplementary Fig. 3a), and are by themselves mainly responsible for the difference in compound δ^2H_{wax}
349 values between these two habitats as represented in this study (Fig. 4).

350 The influence of season on δ^2H_{wax} differs among growth forms and habitats. On the crater rim, δ^2H_{wax}
351 signatures are relatively constant throughout the four seasons in all three growth forms (Supplementary
352 Fig. 3a), with the greater isotopic variability among shrub samples reflecting the greater number of
353 species sampled (six, compared to one each in grasses and trees). In the savanna and lakeshore forest,
354 δ^2H_{wax} signatures vary more strongly between seasons but with no consistent pattern across the three
355 growth forms or across these two habitats (Supplementary Fig. 3a). As a result, season had no significant

356 effect on $\delta^2\text{H}_{\text{wax}}$ values overall ($p = 0.11$) nor in each of the three habitats separately ($p = 0.14 - 0.79$;
357 Supplementary Fig. 3b).

358 The linear mixed-effect model for $\delta^2\text{H}_{\text{wax}}$ explained 80% of the overall variability, with 40% allocated
359 to fixed effects (growth form, habitat, season) and 39% to random effects (Table 2). Parameter estimates
360 of fixed effects again showed higher values for growth form compared to habitat and season (Table 2),
361 confirming the stronger influence of growth form on $\delta^2\text{H}_{\text{wax}}$ values than habitat or season.

362 3.3. Xylem-water $\delta^2\text{H}$ variation among plant growth forms, habitats and seasons

363 The hydrogen-isotopic signatures of xylem water ($\delta^2\text{H}_{\text{xylem}}$) in seven shrub and five tree species from
364 our study region (no data for grasses, see Methods) ranged from -86.9 to +25.1‰ (Fig. 5), with an overall
365 mean $\delta^2\text{H}_{\text{xylem}}$ value of $-17.1 \pm 17.2\text{‰}$ ($n = 132$), i.e. overall markedly less depleted in ^2H than the leaf
366 waxes of those same plants ($p < 0.001$; compare with Fig. 4). Variation in $\delta^2\text{H}_{\text{xylem}}$ values among
367 replicates of the same species was $4.9 \pm 6.6\%$ (Supplementary Fig. 2).

368 As in the leaf waxes, growth form significantly affected the $\delta^2\text{H}_{\text{xylem}}$ signature ($p < 0.001$) with shrubs
369 ($-23.3 \pm 15.2\text{‰}$, $n = 81$) again showing lower values, on average, than trees ($-7.2 \pm 15.6\text{‰}$, $n = 51$). Also
370 habitat significantly affected $\delta^2\text{H}_{\text{xylem}}$ values ($p < 0.001$), again with lakeshore plants ($-0.8 \pm 10.2\text{‰}$, $n =$
371 42) showing higher values, on average, than plants on the crater rim ($-24.9 \pm 15.2\text{‰}$, $n = 60$) and in the
372 savanna ($-24.1 \pm 12.4\text{‰}$, $n = 30$), and the latter not being significantly different from each other ($p =$
373 0.97). Separation of data on growth form and habitat (Supplementary Fig. 4a) shows that the above
374 patterns are mostly due to the isotopically enriched xylem water of lakeshore trees ($1.7 \pm 9.1\text{‰}$, $n = 34$),
375 compared to all other shrubs and trees ($-23.6 \pm 14.3\text{‰}$, $n = 98$). Note that the relatively enriched
376 compound $\delta^2\text{H}_{\text{xylem}}$ signature of lakeshore vegetation cannot be attributed to the lack of grasses in this
377 habitat. Also here, the $\delta^2\text{H}_{\text{xylem}}$ values of *Thylachium africanum* shrubs sampled at the lakeshore were
378 less depleted than those sampled on the crater rim (respectively $-11.3 \pm 7.9\text{‰}$ and $-20.5 \pm 7.0\text{‰}$) and this
379 time the difference between them is significant ($p < 0.05$). The two shrub species sampled both in savanna
380 and on the crater rim (*Grewia tephrodermis* and *Vepris uguenensis*) have more similar $\delta^2\text{H}_{\text{xylem}}$ values in
381 the two habitats ($p = 0.72$ and $p = 0.37$, respectively), i.e. consistent with also the compound $\delta^2\text{H}_{\text{xylem}}$
382 values of these two habitats as a whole being similar.

383 As in the leaf waxes, the influence of season on the ^2H -isotopic signature of xylem water is statistically
384 not significant ($p = 0.06$), however the near-significance of this overall result stimulates a detailed look
385 at underlying structure in the $\delta^2\text{H}_{\text{xylem}}$ data (Supplementary Figs. 4a-b). This fails to show a common
386 trend, except that the isotopically most depleted xylem water was recorded during either the NE monsoon
387 season (crater rim, savanna) or the long dry season (lakeshore); and that in the savanna habitat, xylem
388 water sampled during the short dry season was less depleted than that sampled during the preceding NE
389 monsoon season ($p < 0.05$).

390 3.4. Leaf-water $\delta^2\text{H}$ variation among plant growth forms, habitats and seasons

391 The hydrogen-isotopic signatures of leaf water ($\delta^2\text{H}_{\text{leaf}}$) in 14 plant species from our study region
392 ranged from -82.7 to +35.5‰ (Fig. 6), with an overall mean value of $+3.6 \pm 20.3\text{‰}$ ($n = 156$), i.e.
393 significantly enriched relative to the xylem water of those same plants ($p < 0.001$). Variation in $\delta^2\text{H}_{\text{leaf}}$

394 among replicates of the same species was $6.2 \pm 5.6\%$, i.e. somewhat larger than the equivalent values for
395 $\delta^2\text{H}_{\text{wax}}$ and $\delta^2\text{H}_{\text{xylem}}$ (Supplementary Fig. 2) but not significantly so ($p = 0.39$ and 0.56 , respectively).

396 In contrast with the xylem water and leaf waxes, growth form did not have a statistically significant
397 influence on $\delta^2\text{H}_{\text{leaf}}$ values overall ($p = 0.16$). This lack of effect may be attributed partly to leaf water of
398 the shrub *Maerua* sp. on the crater rim being markedly depleted relative to its xylem water rather than
399 enriched (compare with Fig. 5), and $\delta^2\text{H}_{\text{leaf}}$ of the grass *Themeda triandra* on the crater rim overlapping
400 more strongly with those of crater rim shrubs, then is the case in their respective $\delta^2\text{H}_{\text{wax}}$ signatures
401 (compare with Fig. 4). Nevertheless, removing these two plant species from the dataset does not enhance
402 the effect of growth form on $\delta^2\text{H}_{\text{leaf}}$ ($p = 0.88$). The compound $\delta^2\text{H}_{\text{leaf}}$ values of crater-rim ($+0.2 \pm 23.7\%$,
403 $n = 67$) and savanna vegetation ($+10.1 \pm 12.1\%$, $n = 49$) are statistically different ($p < 0.05$), but this is
404 entirely on account of the exceptionally depleted $\delta^2\text{H}_{\text{leaf}}$ values in *Maerua* sp. ($-56.7 \pm 13.6\%$, $n = 6$; Fig.
405 6); excluding this species, the difference is not significant ($p = 0.35$). As regards the three plant species
406 sampled in both habitats (*Grewia tephrodermis*, *Themeda triandra*, *Vepris uguenensis*), no significant
407 difference was observed between habitats ($p = 0.29$, 0.10 and 0.12 , respectively). Further, no overall
408 difference was observed between lakeshore ($1.2 \pm 20.7\%$, $n = 40$) and crater rim ($p = 0.97$) or savanna
409 habitats ($p = 0.09$), nor between *Thylachium africanum* sampled on the crater rim and at the lakeshore (p
410 $= 0.57$).

411 Average $\delta^2\text{H}_{\text{leaf}}$ values separated out per growth form and habitat (Supplementary Fig. 5a) appear to
412 suggest marked seasonality in all situations except in savanna shrubs, but with no consistent seasonal
413 trend among the habitats (Supplementary Fig. 5b). As a result, there is no significant effect of season on
414 $\delta^2\text{H}_{\text{leaf}}$ values overall ($p = 0.32$).

415 The linear mixed-effect model for $\delta^2\text{H}_{\text{leaf}}$ explained 69% of the overall variability with only 8%
416 allocated to fixed effects (growth form, habitat, season) and 61% to random effects (Table 2). Parameter
417 estimates of fixed effects were in a similar range (Table 2) and confirm that none of the tested effects
418 (growth form, habitat, season) had a pronounced influence on $\delta^2\text{H}_{\text{leaf}}$.

419 3.5. Biosynthetic enrichment among plant growth forms, habitats and seasons

420 The biosynthetic enrichment factor (ϵ_{bio}) ranged from -193.7 to -19.6% across our dataset (Fig. 7),
421 with an overall mean value of $-131.0 \pm 32.9\%$ ($n = 121$). Variation in ϵ_{bio} among replicates of the same
422 species was $5.1 \pm 4.1\%$ (Supplementary Fig. 2).

423 Variation in ϵ_{bio} among species was significantly influenced by growth form with grasses ($-162.8 \pm$
424 17.0% , $n = 17$) showing more negative values than shrubs ($-128.4 \pm 35.2\%$, $n = 69$, $p < 0.001$) and trees
425 ($-120.5 \pm 23.6\%$, $n = 35$, $p < 0.001$), in a pattern mainly reflecting the variation among species observed
426 in $\delta^2\text{H}_{\text{wax}}$ (compare with Fig. 4). In the case of the shrubs, the difference with grasses remains highly
427 significant ($p < 0.001$) also after excluding the outlying values obtained for *Maerua* sp. ($-27.9 \pm 8.3\%$,
428 $n = 4$). However, in contrast to the compound isotopic signatures of leaf waxes (and xylem water) the
429 overall difference in ϵ_{bio} between shrubs and trees was not significant ($p = 0.42$). At the level of individual
430 species, outlying ϵ_{bio} values (e.g., *Boswellia neglecta*, *Maerua* sp.) reflect similar positions of these
431 species in either $\delta^2\text{H}_{\text{wax}}$ or $\delta^2\text{H}_{\text{leaf}}$ signatures. Also mirroring the $\delta^2\text{H}_{\text{wax}}$ trends, ϵ_{bio} was significantly
432 influenced by habitat with plants at the lakeshore showing less negative values on average ($-108.0 \pm$
433 16.5% , $n = 24$) than those on the crater rim ($-130.5 \pm 35.1\%$, $n = 61$, $p < 0.01$) or in the savanna (-147.0
434 $\pm 28.0\%$, $n = 36$, $p < 0.001$). Also the compound ϵ_{bio} values of crater rim and savanna were significantly

435 different ($p < 0.05$), but as in δ^2H_{leaf} (Fig. 6) this is entirely on account of *Maerua* sp. ($-27.9 \pm 8.3\%$, $n =$
436 4; Fig. 7). None of the four species sampled in two different habitats (*Grewia tephrodermis*, *Themeda*
437 *triandra*, *Thylachium africanum*, *Vepris uguenensis*) showed a significant difference in ϵ_{bio} between
438 those habitats (all $p > 0.05$). Again, also season did not significantly affect ϵ_{bio} ($p = 0.22$), due to lack of
439 uniform seasonal trends among the three habitats (Supplementary Fig. 6a-b).

440 The linear mixed-effect model for ϵ_{bio} explained 83% of the overall variability, with 19% allocated to
441 fixed effects (growth form, habitat, season) and 63% to random effects (Table 2). Parameter estimates of
442 fixed effects showed higher values for growth form compared to habitat and season (Table 2), suggesting
443 a stronger influence of growth form on ϵ_{bio} than habitat or season, as is the case in δ^2H_{wax} .

444 4. DISCUSSION

445 4.1. Distribution patterns of leaf-wax n -alkanes

446 The distribution patterns of individual n -alkane compounds that we observed in fresh leaves of plant
447 species around Lake Chala are typical for cuticular waxes of terrestrial vascular plants (Eglinton and
448 Hamilton, 1967) and have been observed previously in plant species of tropical African savannas
449 (Rommerskirchen et al., 2006; Vogts et al., 2009; Bush and McInerney, 2013). Parameters describing
450 these n -alkane distributions (ACL, CPI and the $C_{31}/(C_{29}+C_{31})$ ratio; Bush and McInerney, 2013; Freeman
451 and Pancost, 2014) were all significantly affected by growth form, with grasses exhibiting highest values
452 for all parameters mostly because in grasses the C_{31} n -alkane is ca. four times more abundant than the
453 C_{29} n -alkane, whereas in trees and shrubs their abundances are similar (Supplementary Fig. 1). ACL and
454 CPI have previously been shown to vary with growth form and therefore reflect variation in plant
455 community composition, although not in a simple or systematic way (Diefendorf et al., 2011). Also the
456 abundance ratios of individual n -alkane compounds differ between specific groups of vascular plants.
457 Specifically, the C_{29} and C_{31} n -alkane tend to co-dominate in woody plants while C_{31} is more dominant
458 in grasses (Chikaraishi and Naraoka, 2007; Vogts et al., 2009). Thus, the $C_{31}/(C_{29}+C_{31})$ ratio of n -alkanes
459 extracted from soil and lake records has been used as proxy to reconstruct long-term shifts in the relative
460 abundance of grasses versus woody plants in the tropical Andes of Ecuador (Jansen et al., 2008) and on
461 the north slope of Mt. Kilimanjaro (Zech et al., 2011). Also in our study area on the lower southeast slope
462 of Mt. Kilimanjaro, when averaged across all habitats and seasons, grasses exhibit a significantly higher
463 $C_{31}/(C_{29}+C_{31})$ ratio than woody plants (Fig. 3). Based on our data, this ratio even appears promising to
464 separate shrubs from trees ($p < 0.001$); however the numerical difference is small and species-specific
465 values span wide ranges (respectively 0.50 ± 0.25 and 0.62 ± 0.21), so whether this result is robust against
466 a different selection of analysed shrub and tree species remains to be confirmed. Moreover, as
467 $C_{31}/(C_{29}+C_{31})$ values in paleo-records will always reflect a mixture of grasses, shrubs and trees,
468 inferences can do no better than referring to the end members ‘grass’ and ‘non-grass’. Nevertheless, our
469 data support the case presented by Zech et al. (2011) that the n -alkane $C_{31}/(C_{29}+C_{31})$ ratio combined with
470 ACL and CPI can be a useful tool in East African paleoecological studies to trace past changes in the
471 relative land cover of grasses versus woody plants. In this context, also Bush and McInerney (2013)
472 found that grasses in Sub-Saharan Africa (i.e., on a continental scale) are distinguishable from woody
473 plants based on the relative abundance of C_{29} and C_{31} , while this is not the case on the global scale.

474 Habitat and season did not significantly affect *n*-alkane distribution patterns, except for those reflected
475 in the CPIs, which were significantly different during the NE and SE monsoon seasons, and most
476 strikingly so in grasses (Fig. 2). To our knowledge, no data in the current literature exist to help explain
477 this result or provide context for it. Previous research on the influence of climate or seasonality on *n*-
478 alkane distribution patterns seems to have focused on variations in temperature, which in our study region
479 are likely too modest to control *n*-alkane distribution at the seasonal time scale. Working in North
480 America, Bush and McInerney (2015) documented influence of temperature on ACL values along a
481 latitudinal transect under uniform precipitation. However, alternative data compilation by Diefendorf and
482 Freimuth (2017) showed that a temperature effect on ACL values was only apparent for C₄ grasses, not
483 for C₃ grasses or woody plants.

484 **4.2. What drives $\delta^2\text{H}_{\text{wax}}$ variability in plants?**

485 The overall range in $\delta^2\text{H}_{\text{wax}}$ values among plant species sampled in our study region can be attributed
486 partly to the use of different water sources, and partly to processes preceding and accompanying *n*-alkane
487 biosynthesis (see Introduction). The relative influence of each process, however, is often quite uncertain
488 (Sessions, 2016). In the following, we discuss the effects, and estimate the relative importance, of plant
489 growth form, habitat and season on the isotopic signature of plant source water (i.e. xylem water), leaf
490 water and biosynthetic fractionation in our study area, as well as their relation to the isotopic signature
491 of leaf-wax *n*-alkanes.

492 **4.2.1. The isotopic signature of plant source water ($\delta^2\text{H}_{\text{xylem}}$)**

493 In a previous study, we analyzed xylem water of exactly the same plants across the same set of habitats
494 and seasons at Lake Chala (De Wispelaere et al., 2017). As water uptake through the roots is generally
495 considered to occur without isotopic fractionation (White et al., 1985; Zhao et al., 2016), the isotopic
496 signature of xylem water ($\delta^2\text{H}_{\text{xylem}}$) was assumed to reflect the isotopic signature of the plant's source
497 water. The range of average $\delta^2\text{H}_{\text{xylem}}$ values between the crater rim, lakeshore and savanna habitats,
498 integrated across all locally sampled plants and seasons (24.1‰, Fig. 5) is comparable to that in $\delta^2\text{H}_{\text{wax}}$
499 values between these same habitats (19.0‰, restricted to shrubs and trees for comparability; Fig. 4) and
500 both are significantly influenced by habitat ($p < 0.001$). The isotopically most enriched $\delta^2\text{H}_{\text{wax}}$ values
501 occur in plants at the lakeshore, which could be expected since they rely on lake water which is
502 isotopically enriched due to continuously strong evaporation from the lake surface (Payne, 1970; Barker
503 et al., 2011). In addition the hydrological budget of Lake Chala depends on large inflows of groundwater
504 originating from percolation of rainfall higher up on Mt. Kilimanjaro (Verschuren et al., 2009). The
505 hydrogen-isotopic signature of this groundwater integrates multiple sources of precipitation, whereas
506 plants on the crater rim and in savannah outside the crater largely rely on soil water derived from
507 isotopically more strongly depleted precipitation of the NE monsoon (De Wispelaere et al., 2017).
508 Although interspecies variability in $\delta^2\text{H}_{\text{wax}}$ is large, we find limited species overlap between the lakeshore
509 and other habitats (Fig. 4). Moreover the significant difference between $\delta^2\text{H}_{\text{xylem}}$ values of *Thylachium*
510 *africanum* growing in lakeshore and crater rim habitats (respectively $-11.3 \pm 7.9\text{‰}$ and $-20.5 \pm 7.0\text{‰}$; p
511 < 0.05) largely survives in its $\delta^2\text{H}_{\text{wax}}$ signature (respectively $-113.1 \pm 9.3\text{‰}$ and $-122.2 \pm 12.9\text{‰}$, $p =$
512 0.13 ; Fig. 4). The fact that the latter difference fails to reach statistical significance, if not due to the

513 modest sample sizes ($n = 7-11$) pertaining to this comparison, likely points to the controls of leaf-water
514 transpiration ($\epsilon_{\text{leaf/xylem}}$) and biosynthetic fractionation (ϵ_{bio}) on $\delta^2\text{H}_{\text{wax}}$.

515 De Wispelaere et al. (2017) also found that xylem water of plants around Lake Chala does not trace
516 the large seasonal variation in the isotopic signature of precipitation, but that the short NE monsoon rains
517 are the primary source of water for those plants throughout the year, implying that these rains fully
518 recharge the soil water pools which have become depleted during the long dry season. The fact that plants
519 access this single water source throughout the year may partly explain why $\delta^2\text{H}_{\text{xylem}}$ and $\delta^2\text{H}_{\text{wax}}$, when
520 pooled across growth forms and habitats, do not appear to be significantly affected by season ($p > 0.05$).
521 However, our analysis shows that this apparent lack of influence reflects lack of a consistent seasonal
522 pattern in $\delta^2\text{H}_{\text{xylem}}$ and $\delta^2\text{H}_{\text{wax}}$ among growth forms and habitats, rather than that their values are uniform
523 throughout the year (Supplementary Figs. 3-4). Nevertheless arguing in favor of the single water-source
524 hypothesis, we note that the range in $\delta^2\text{H}_{\text{xylem}}$ values recorded across all four seasons and all 11 plant
525 species sampled in the savanna and on the crater rim (-41.3 to $+9.4\text{‰}$; $n = 83$; this excludes seven outlier
526 data [see Fig. 5] as well as all lakeshore plants because they partly use evaporated lake water) is
527 significantly narrower than variation in the hydrogen-isotopic signature of local rainfall recorded during
528 the study period (-47.9 to $+36.6\text{‰}$; De Wispelaere et al., 2017). These $\delta^2\text{H}_{\text{xylem}}$ values are also more
529 similar to the average NE monsoon value ($-26.5 \pm 21.5\text{‰}$; $n = 2$) than to the average SE monsoon value
530 ($+16.0 \pm 2.5\text{‰}$; $n = 3$). In any event, it is clear that the isotopic signature of plant source water (here
531 represented by $\delta^2\text{H}_{\text{xylem}}$) does not fully explain the broad range in $\delta^2\text{H}_{\text{wax}}$ observed in our study area.

532 4.2.2. The isotopic signature of leaf water ($\delta^2\text{H}_{\text{leaf}}$)

533 The isotopic signature of leaf water ($\delta^2\text{H}_{\text{leaf}}$) is not only determined by the plant's source water, but
534 also other variables such as local air temperature and relative humidity through their influence on leaf
535 transpiration (Cernusak et al., 2016), which itself is also expected to depend on plant-specific features
536 such as growth form (Gao et al., 2014). However, our results show that $\delta^2\text{H}_{\text{leaf}}$ values in the Lake Chala
537 area are not significantly influenced by growth form, but (as are both $\delta^2\text{H}_{\text{xylem}}$ and $\delta^2\text{H}_{\text{wax}}$) significantly
538 influenced by habitat. However, for $\delta^2\text{H}_{\text{leaf}}$ this held true *only* for the crater rim versus savanna, whereas
539 for $\delta^2\text{H}_{\text{wax}}$ it held true *except* for crater rim versus savanna. The fact that $\delta^2\text{H}_{\text{leaf}}$ values from the lakeshore
540 are not systematically different from those in the other habitats, despite them drawing their source water
541 mainly from isotopically more enriched lake water (De Wispelaere et al., 2017), suggest that other factors
542 (e.g., reduced transpiration in the relatively moist lakeshore habitat) overshadow the ^2H -isotopic
543 signature of the water source. Further, integrated over habitats and growth forms $\delta^2\text{H}_{\text{leaf}}$ was not
544 significantly influenced by season, which is in line with the data for $\delta^2\text{H}_{\text{xylem}}$ (source water) and $\delta^2\text{H}_{\text{wax}}$,
545 and can again be related to the fact that plants in our study area exploit specific water sources throughout
546 the year (lake water at the lakeshore, and NE monsoon rainwater on the crater rim and in the savanna).
547 Overall, there was no correlation between $\delta^2\text{H}_{\text{leaf}}$ and $\delta^2\text{H}_{\text{wax}}$ ($r_p = 0.04$, $p = 0.69$, $n = 121$, non-pooled
548 individual data pairs), consistent with other studies finding no significant effect of leaf transpiration on
549 $\delta^2\text{H}_{\text{wax}}$ (Hou et al., 2008; McInerney et al., 2011; Feakins et al., 2016).

550 The mixed-effect model result for $\delta^2\text{H}_{\text{wax}}$ explains more variability overall than is the case for $\delta^2\text{H}_{\text{leaf}}$
551 (80% versus 69%) and with the fixed effects having considerably greater explanatory power (40% versus
552 8%; Table 2). Also the parameter estimates for growth form are considerably higher in the model output
553 for $\delta^2\text{H}_{\text{wax}}$ than in those for $\delta^2\text{H}_{\text{leaf}}$ (Table 2). These results, together with those above indicating that the

554 isotopic signature of source water (i.e., $\delta^2\text{H}_{\text{xylem}}$) is also found in $\delta^2\text{H}_{\text{wax}}$ but appears to pass over $\delta^2\text{H}_{\text{leaf}}$,
555 may be explained by the fact that $\delta^2\text{H}_{\text{wax}}$ data integrate over longer periods of time compared to $\delta^2\text{H}_{\text{leaf}}$
556 data, whereas the latter reflect large temporal (diurnal and longer-term) weather-related variability in leaf
557 transpiration. This conclusion is, to some extent, supported by our data on normalized variability (ratio
558 of SD over the total range of recorded values) in $\delta^2\text{H}_{\text{leaf}}$ being larger than in $\delta^2\text{H}_{\text{wax}}$ or $\delta^2\text{H}_{\text{xylem}}$
559 (Supplementary Fig. 2). In this context, it must again be noted that obtaining a uniform dataset of $\delta^2\text{H}_{\text{leaf}}$
560 from a large number of plants in the field is difficult, given the substantial diurnal variation in $\delta^2\text{H}_{\text{leaf}}$
561 observed in single plants under controlled conditions (Cernusak et al., 2002; Li et al., 2006; Kahmen et
562 al., 2008). Although we only sampled leaves between 10AM and 3PM to limit this source of variability,
563 we acknowledge that this procedure may not have reduced it to negligible levels. Moreover the alternative
564 approach of using simulated mean-growing-season values of mid-day leaf-water $\delta^2\text{H}$ (cf. Kahmen et al.,
565 2013) is unfeasible due to the difficulty of obtaining the required input data (ambient climatic variables,
566 $\delta^2\text{H}$ of atmospheric water vapor) at our study sites.

567 4.2.3. Biosynthetic fractionation (ϵ_{bio})

568 Leaf water (and in some plants, xylem water) is the ultimate source of hydrogen for the synthesis of
569 organic compounds during photosynthesis in higher plants (Sachse et al., 2012). Organic compounds are
570 usually strongly depleted in hydrogen compared to leaf water (up to -400‰, with variability up to 200‰
571 for the same homologous compounds; Sachse et al., 2012), because hydrogen-transfer reactions during
572 biosynthesis lead to strong hydrogen-isotopic fractionation (e.g., Sessions et al., 1999). Apart from
573 differences in metabolic pathways and hydrogen-transfer reactions (including exchange with
574 nicotinamide adenine dinucleotide phosphate, NADPH), also extrinsic environmental factors such as
575 temperature, drought stress, light intensity and growth rate can influence hydrogen-isotopic fractionation
576 during lipid biosynthesis (Shepherd and Griffiths, 2006). However, this influence of external factors on
577 lipid biosynthesis is currently not well understood and requires more systematic study (Sachse et al.,
578 2012; Eley et al., 2014; Newberry et al., 2015).

579 Our results showed that biosynthetic fractionation (ϵ_{bio}) was distinct among growth forms, with
580 grasses showing on average larger ϵ_{bio} values ($-162 \pm 17\text{‰}$, $n = 17$) than shrubs and trees ($-125 \pm 32\text{‰}$,
581 $n = 104$, $p < 0.001$), although variability among species within the latter two groups is very large (Fig.
582 7). If these compound isotopic signatures are indeed distinct, this may be due to differences in metabolic
583 pathway between the monocotyledonous grasses (both species analyzed here are C_4) and the
584 dicotyledonous trees and shrubs which use either C_3 or CAM (Crassulacean Acid Metabolism)
585 photosynthesis. Apart from their metabolic pathways, mono- and dicotyledonous plants also differ in leaf
586 architecture as well as the location and timing of biosynthesis. Also other studies targeting a broad range
587 of plant species (Liu et al., 2016; Sessions, 2016) observed substantial variability in ϵ_{bio} among growth
588 forms (grasses, shrubs, trees), mono- versus dicotyledonous plants, and C_3 versus C_4 plants.

589 Habitat also significantly affected ϵ_{bio} , with lakeshore showing the smallest compound value followed
590 by crater rim and savanna. Here it must be noted that since no grasses commonly occur at the lakeshore,
591 and were hence not sampled, the compound habitat effect may largely reflect the difference in proportion
592 of plant growth forms among the habitats. In any event, none of the four plant species sampled in two
593 habitats (cf. above) showed a significant difference in ϵ_{bio} between habitats, not even *Thylachium*
594 *africanum*. These results suggest that, firstly, the habitat effect on ϵ_{bio} mainly reflects the habitat effect

595 on $\delta^2\text{H}_{\text{wax}}$; and secondly, that the compound ϵ_{bio} value of a habitat is to a large extent determined by its
596 plant species (and hence growth form) composition, possibly more so than habitat-specific factors such
597 as a difference in source water (cf. discussions of $\delta^2\text{H}_{\text{xylem}}$ and $\delta^2\text{H}_{\text{leaf}}$ above).

598 In line with the results discussed in previous sections and paragraphs, our linear mixed-effect model
599 explains 83% of the overall variability in ϵ_{bio} , i.e. comparable to the value for $\delta^2\text{H}_{\text{wax}}$ (80%); however
600 here the largest part of this explained variability can be attributed to random species effects, as in $\delta^2\text{H}_{\text{leaf}}$
601 but not $\delta^2\text{H}_{\text{wax}}$. Conversely, model parameter estimates show that in the (modest fraction of) variability
602 explained by fixed effects, growth form exerted the strongest influence, as in $\delta^2\text{H}_{\text{wax}}$ (Table 2).

603 4.3. Implications for paleohydrological studies using leaf-wax *n*-alkanes

604 Paleohydrological studies infer past temporal variation in regional hydroclimate from changes in the
605 (integrated) hydrogen-isotopic signature of leaf waxes extracted from lake sediments, in tropical East
606 Africa (e.g., Tierney et al., 2011; Berke et al., 2012; Costa et al., 2014) and elsewhere (e.g., Schefuß et
607 al., 2005; Garcin et al., 2018). In support of such paleohydrological inferences, our results show that
608 patterns in the isotopic signature of plants' leaf waxes across growth forms and habitats to a large extent
609 reflect the isotopic signature of their source water (as represented by $\delta^2\text{H}_{\text{xylem}}$). Our results further suggest
610 that the regional 'net' (or 'apparent') hydrogen-isotopic enrichment between the plants' source water and
611 leaf-wax *n*-alkanes (ϵ_{net} or $\epsilon_{\text{wax/xylem}}$), if validly assumed to have been constant through time, can under
612 certain conditions (cf. below) be employed to infer the ^2H signature of past precipitation.

613 Averaged over all plant growth forms (excluding grasses, since for grasses no xylem water data is
614 available), habitats and seasons, we find an overall ϵ_{net} value of $-102 \pm 30\text{‰}$ for the Lake Chala area
615 when using xylem water as proxy for the plants' source water, i.e. significantly smaller ($p < 0.001$) than
616 when the plants' source water is weighted-average annual precipitation ($-115 \pm 23\text{‰}$; excluding grasses
617 for comparability; Fig. 8). Notably, this difference dissolves ($p = 0.21$) when the ϵ_{net} value is calculated
618 on the basis of modern-day local NE monsoon rainwater ($-96 \pm 23\text{‰}$) in all four seasons. This result
619 further corroborates the finding of De Wispelaere et al. (2017) that plants in the Chala region generally
620 use NE monsoon rainwater throughout the year. Finally, our compound ϵ_{net} value for the Lake Chala area
621 (calculated from either xylem water or NE monsoon rainwater data) is comparable with the ϵ_{net} value of
622 $-94 \pm 21\text{‰}$ reported by Feakins and Sessions (2010) from a region in southern California with similar
623 semi-arid subtropical climate; however the discussion above should drive home the point that
624 interregional comparisons of this nature are necessarily highly tentative.

625 5. SUMMARY AND PROSPECTS

626 Aiming to improve mechanistic understanding of the relationship between the hydrogen-isotopic
627 signature of leaf waxes and the parent plants' source water, as required for reliable interpretation of
628 $\delta^2\text{H}_{\text{wax}}$ as paleohydrological proxy in tropical East Africa, we compared $\delta^2\text{H}_{\text{wax}}$ data obtained from
629 diverse species and growth forms of terrestrial plants in three distinct habitats around Lake Chala, and
630 during four successive seasons, with $\delta^2\text{H}$ values of plant xylem and leaf water and of local precipitation.

631 All three basic parameters of *n*-alkane distribution (ACL, CPI, $\text{C}_{31}/(\text{C}_{29}+\text{C}_{31})$ ratio) as well as the
632 hydrogen-isotopic signatures of xylem water ($\delta^2\text{H}_{\text{xylem}}$), *n*-alkanes ($\delta^2\text{H}_{\text{wax}}$) and the biosynthetic
633 fractionation (ϵ_{bio}) varied with the general growth form of plants (grass, tree or shrub). The isotopic

634 signatures of $\delta^2\text{H}_{\text{xylem}}$, $\delta^2\text{H}_{\text{wax}}$, $\delta^2\text{H}_{\text{leaf}}$ and ϵ_{bio} also varied with habitat (lakeshore forest, crater rim,
635 savanna), however this habitat effect is largely due to the fact that Lake Chala lakeshore vegetation 1)
636 sources its water partly from lake water (cf. our data on *Thylacium africanum*), and 2) consists primarily
637 of trees, whereas crater-rim and savanna vegetation consists mostly of grasses and shrubs.

638 Despite the evidence for seasonal trends in some subsets of our hydrogen-isotope data, season was
639 never a significant driver of any tested variable. This result supports the findings presented by De
640 Wispelaere et al. (2017) that the hydrology of the region's vegetation is dominated by a single water
641 source (that is, besides evaporated lake water), notwithstanding receiving rainfall from two major and
642 distinct monsoon systems. On the other hand, discriminating a distinct seasonal effect on plant hydrology
643 in equatorial East Africa is complicated by the bimodality of its dry and rainy seasons, and substantial
644 inter-annual variation in their expression. Resolution of this issue may thus have to await availability of
645 seasonally well-resolved and high-volume datasets on (a few) individual plant species, preferably
646 running over multiple years.

647 Finally, large portions of the variability in our hydrogen-isotope dataset can be explained by random
648 species effects (at different levels, e.g. $\epsilon_{\text{leaf/xylem}}$, $\epsilon_{\text{wax/leaf}}$) which depend on intrinsic (plant phenological
649 and biosynthesis-related) factors. Thus, for calibrating sedimentary $\delta^2\text{H}_{\text{wax}}$ signatures against vegetation
650 it is crucial to obtain representative samples of all plant communities present within a study region.

651 Overall, our results show that in the Lake Chala region, source-water isotopic signatures surviving in
652 plants' $\delta^2\text{H}_{\text{wax}}$ values are largely representative for precipitation falling during the short rainy season.
653 This implies that paleohydrological studies in any region affected by multiple moisture sources should
654 take into account possible bias in $\delta^2\text{H}_{\text{wax}}$ signatures due to unequal use of those moisture sources by the
655 plants. Further, the strong influence of plant growth form on $\delta^2\text{H}_{\text{wax}}$ values should be taken into account,
656 by directly juxtaposing sedimentary $\delta^2\text{H}_{\text{wax}}$ records against proxy information on temporal changes in
657 plant community composition. Our results indicate that besides reconstructions of past vegetation change
658 based on fossil pollen and fungal spores (e.g., van Geel et al., 2011) or the carbon-isotopic signatures of
659 leaf-wax *n*-alkanes (e.g., Sinninghe Damsté et al., 2011) and grass pollen (e.g., Urban et al., 2015), also
660 *n*-alkane distributions as reflected in the $\text{C}_{31}/(\text{C}_{29}+\text{C}_{31})$ ratio, ACL and CPI constitute potentially helpful
661 proxies to trace changes in the dominant plant growth form present in the area. To their advantage, these
662 proxies can be derived from the same *n*-alkane data sets employed to determine $\delta^2\text{H}_{\text{wax}}$.

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670 AUTHOR CONTRIBUTIONS

671 Field sampling was conducted by LDW and SB with botanical help from AH. Laboratory work was
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673 PB. The manuscript was drafted by MG with input from DV and PB. All authors discussed the results
674 and contributed to the final manuscript.

675

676 APPENDIX A. SUPPLEMENTARY MATERIAL

677 Supplementary figures and data to this article can be found online at [https://doi.org/10.1016/
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888 **Fig. 1.** Aerial view of the Lake Chala crater rim, bridging the border between Kenya and Tanzania in
 889 equatorial East Africa, with vegetation sampling locations in the three principal local habitats (crater rim,
 890 lakeshore, savanna).

891 **Fig. 2.** Carbon preference index (CPI) representing the odd-over-even predominance of *n*-alkane
 892 carbon chain lengths (C_{27} - C_{33}) in leaves of different plant growth forms (panels: grasses, shrubs, trees)
 893 sampled at different seasons (shades of grey: short dry, SE monsoon, long dry, NE monsoon) and
 894 averaged across different habitats. Here and in all further box-plot figures, the boxes show the median
 895 value (thick line) and the first and third quartiles (25^{th} and 75^{th} percentiles), the whiskers represent 1.5
 896 times the interquartile (IQR) range, and isolated dots represent outliers beyond 1.5 IQR.

897 **Fig. 3.** The ratio of *n*-alkane carbon chain lengths $C_{31}/(C_{29}+C_{31})$ in leaves of different plant growth
 898 forms (grasses, shrubs, trees) and averaged across different habitats and seasons.

899 **Fig. 4.** Abundance-weighted mean hydrogen-isotopic signature of C_{29} and C_{31} *n*-alkanes (δ^2H_{wax}) in
 900 leaves among 14 plant species of various growth form (shades of grey: grass, shrub, tree) sampled in
 901 three habitats (from top to bottom: crater rim, lakeshore, savanna) and averaged across seasons, with *n*
 902 representing the number of observations.

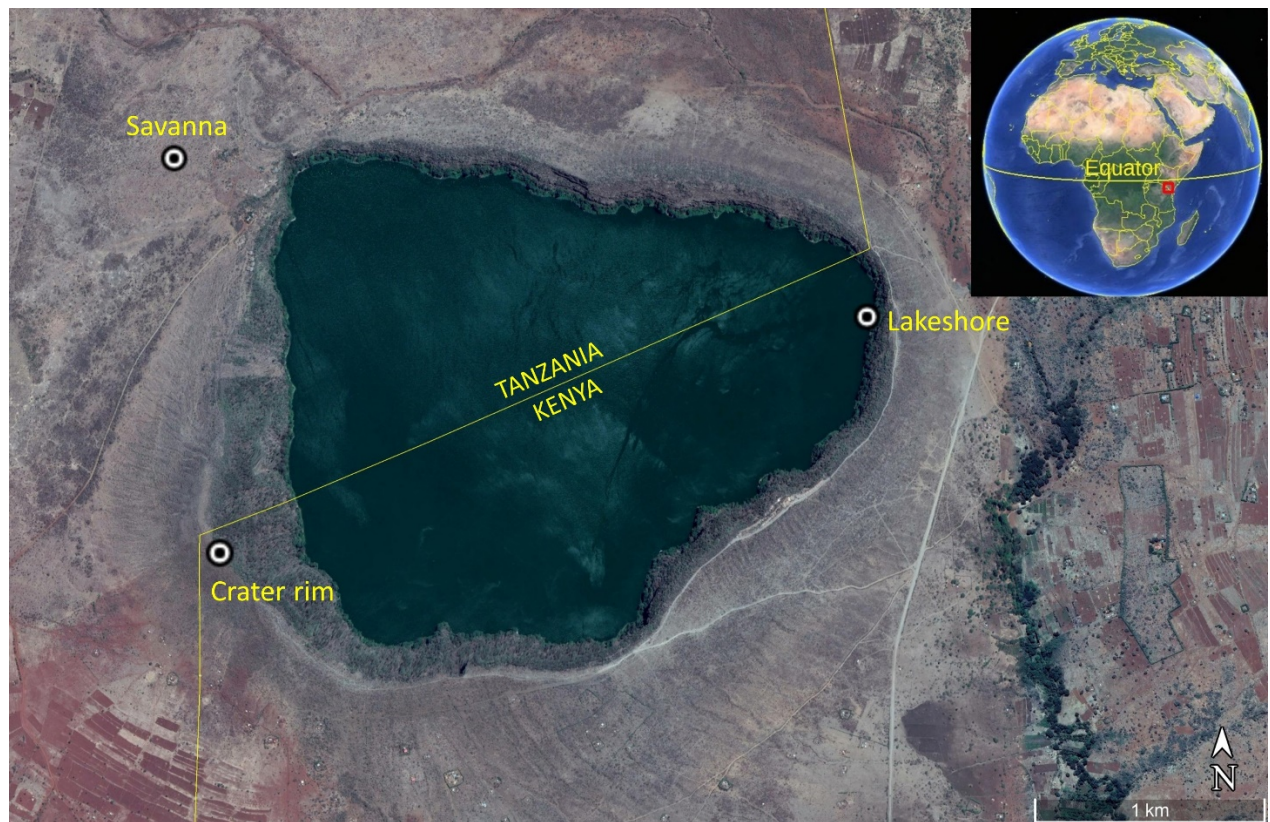
903 **Fig. 5.** Hydrogen-isotopic signature of xylem water (δ^2H_{xylem}) among 12 plant species of various
 904 growth form (shades of grey: shrub, tree) sampled in three habitats (from top to bottom: crater rim,
 905 lakeshore, savanna) and averaged across seasons, with *n* representing the number of observations.

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 908 lakeshore, savanna) and averaged across seasons, with *n* representing the number of observations.

909 **Fig. 7.** Biosynthetic fractionation (ϵ_{bio} , i.e. $\epsilon_{\text{wax/leaf}}$) between the hydrogen-isotopic signature of leaf
 910 water (δ^2H_{leaf}) and the abundance-weighted mean hydrogen-isotopic signature of C_{29} and C_{31} *n*-alkanes
 911 (δ^2H_{wax}), among 14 plant species of various growth form (shades of grey: grass, shrub, tree) sampled in
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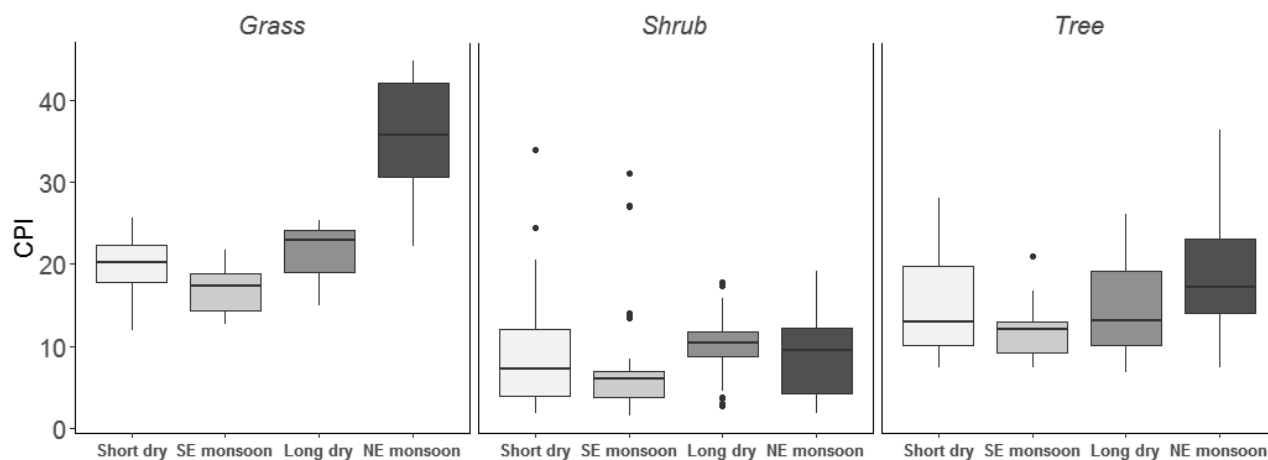
914 **Fig. 8.** Conceptual scheme (modified after Sachse et al., 2012) showing the hydrogen-isotopic
 915 signatures (δ^2H) of different water pools (source water, leaf water) and of leaf-wax *n*-alkanes (δ^2H_{wax}) as
 916 well as the hydrogen-isotopic enrichment ($\epsilon_{\text{a/b}}$) between different products (a) and sources (b) in the Lake
 917 Chala area. $\epsilon_{\text{leaf/source}}$: enrichment between source water and leaf water due to evapotranspiration and
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 919 biosynthetic fractionation; ϵ_{net} ($= \epsilon_{\text{wax/source}}$): enrichment between source water and leaf-wax *n*-alkanes.
 920 Values represent overall averages across all plant species, habitats and seasons along with the standard
 921 deviation and the number of observations (*n*). The source water is either volume-weighted annual-
 922 average and NE monsoon precipitation or xylem water (De Wispelaere et al., 2017). Since there is no

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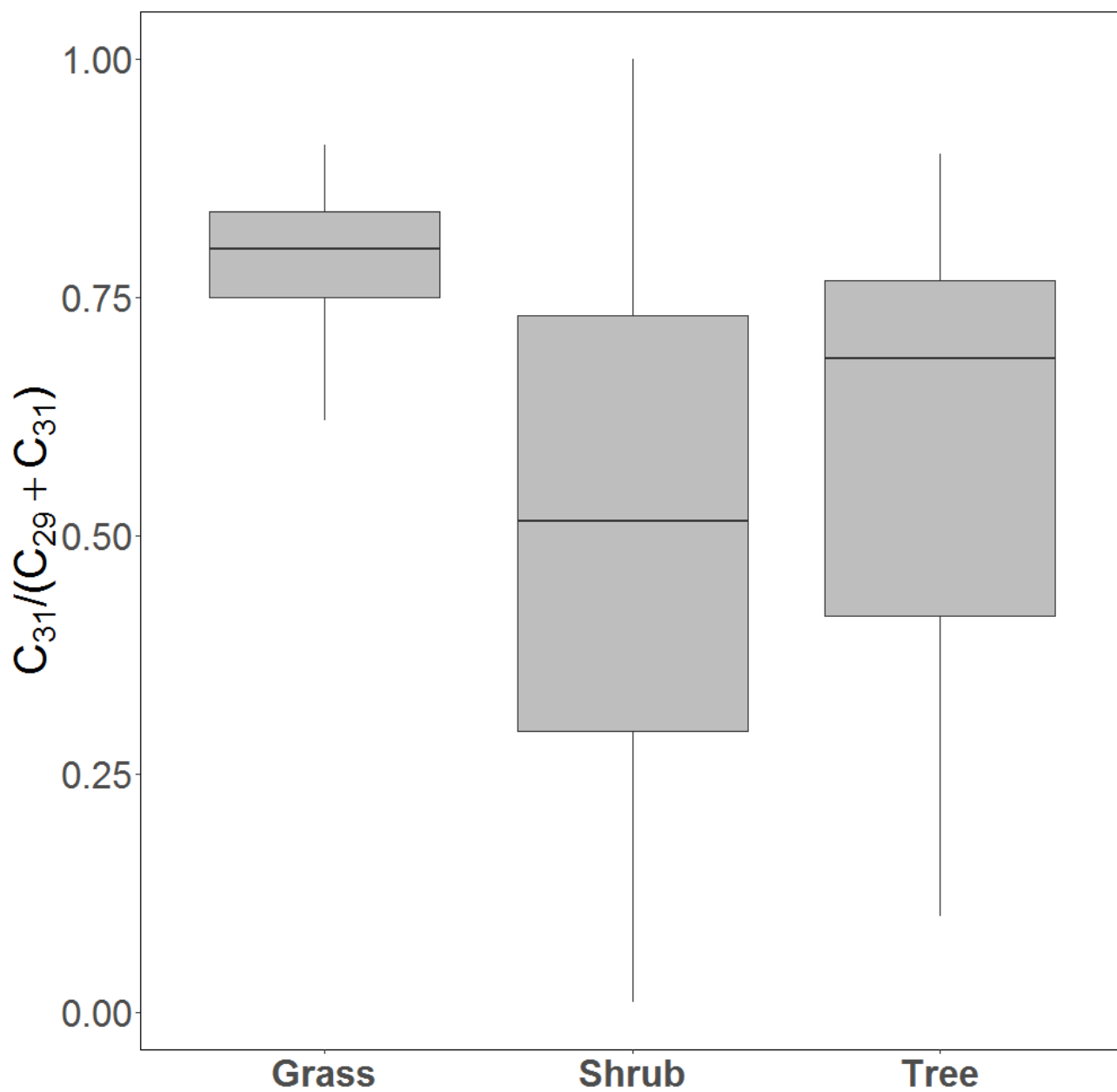
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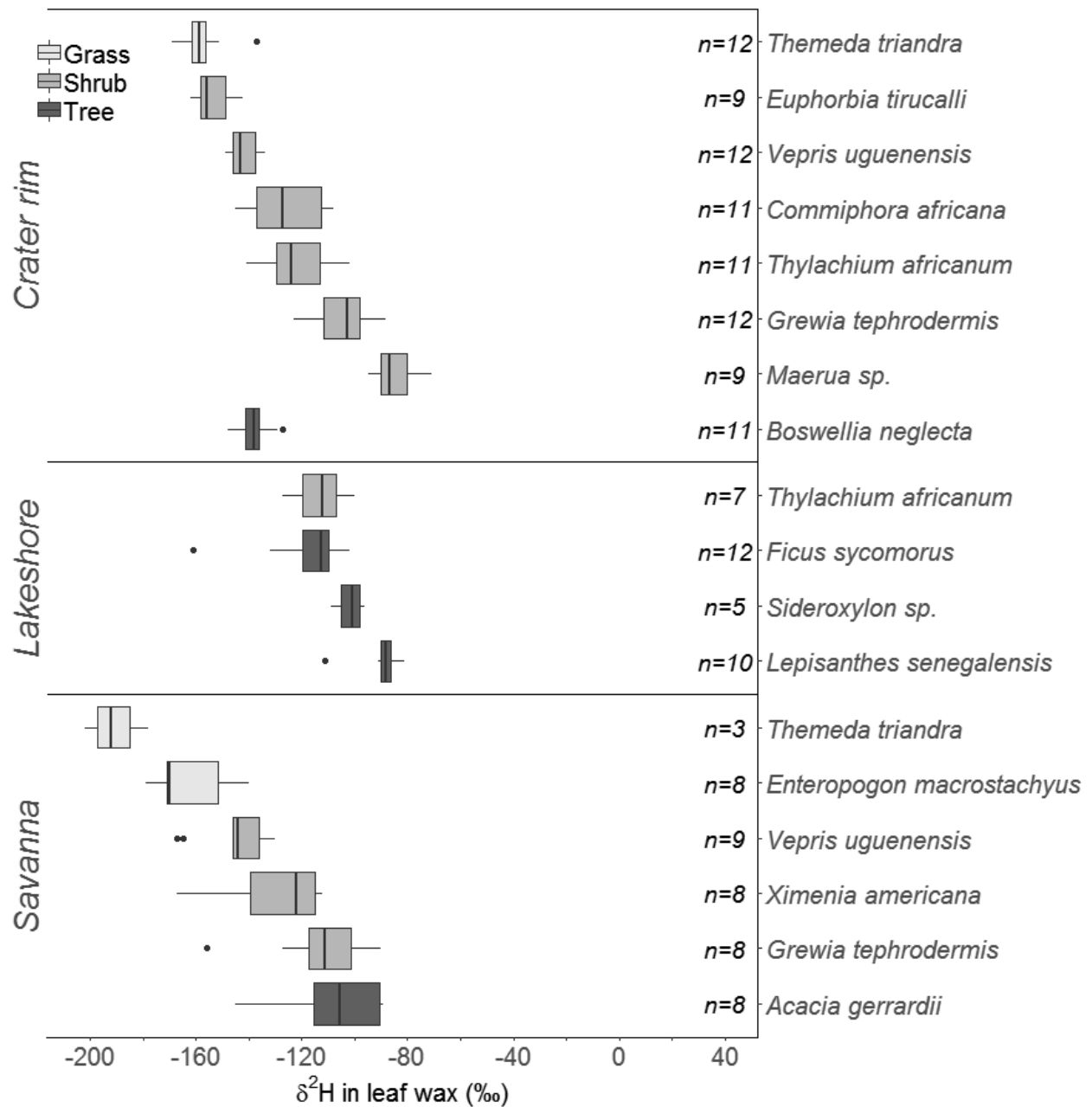
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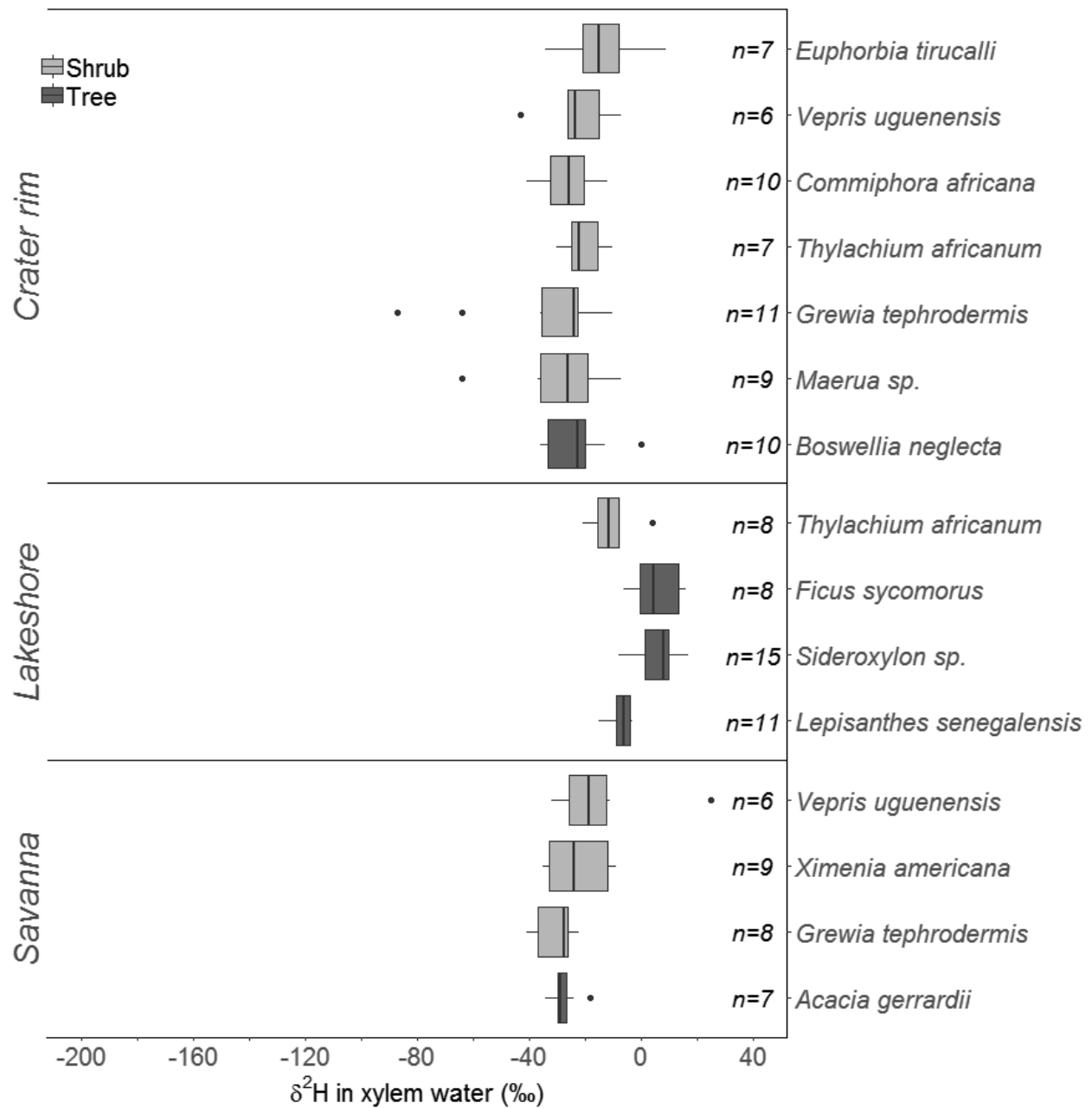
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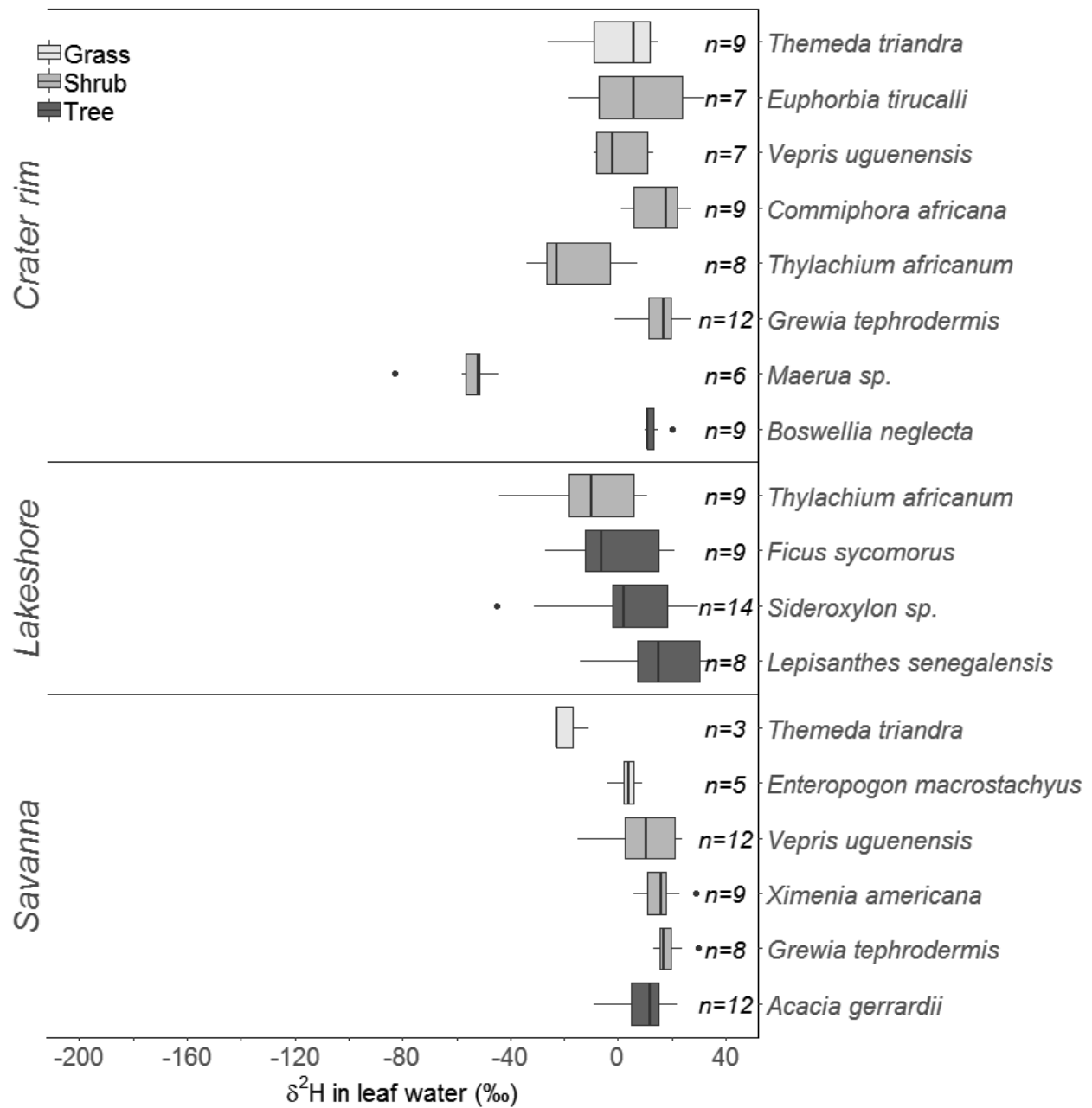
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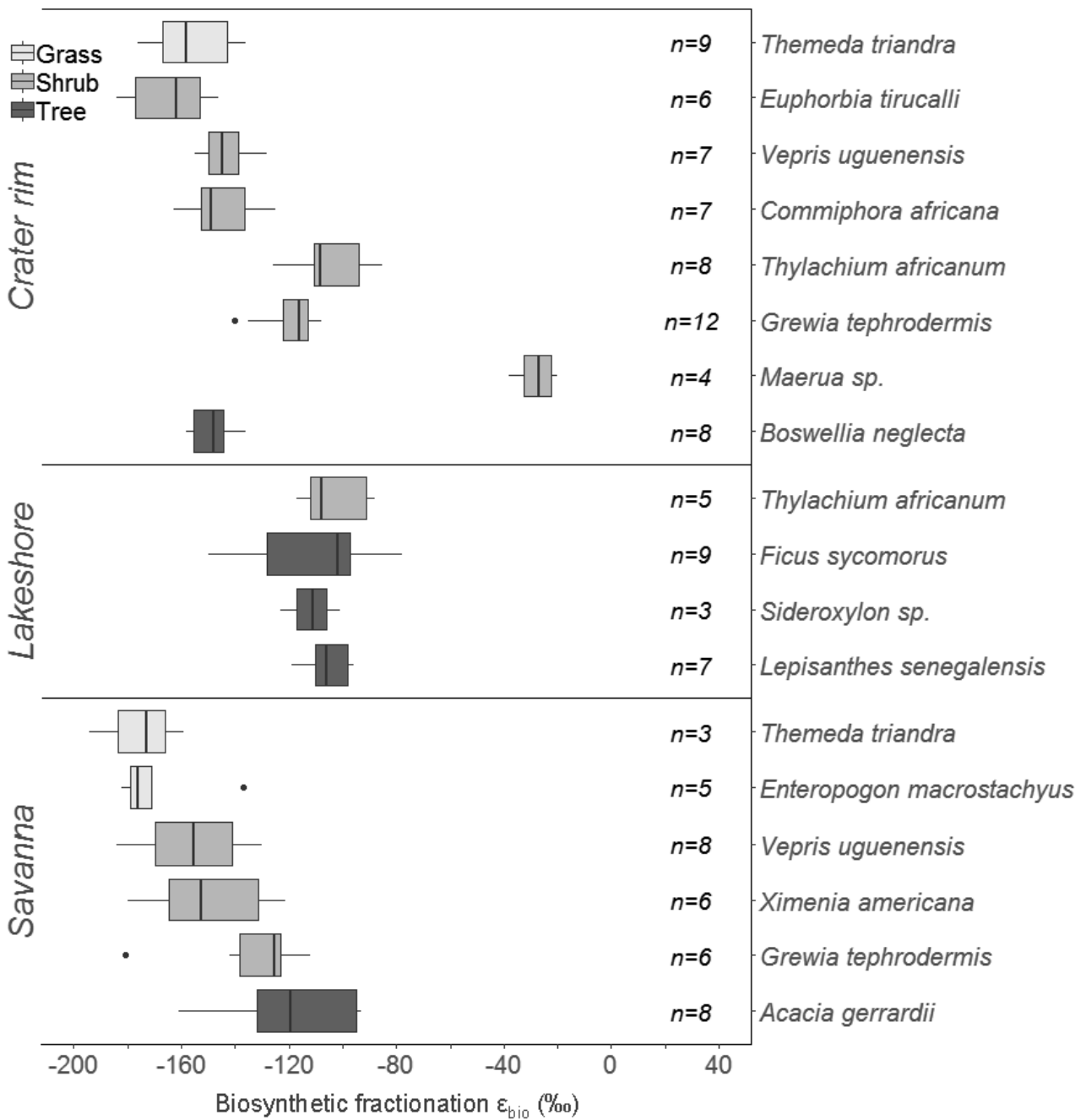
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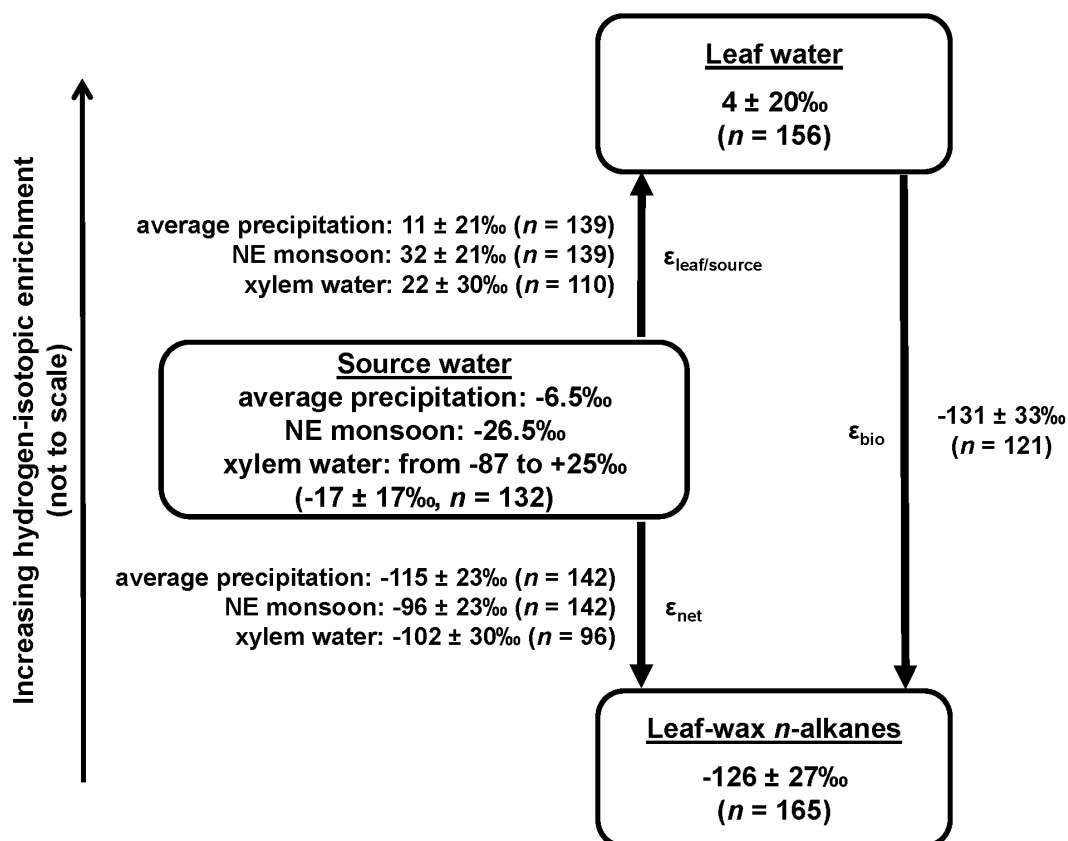
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954

955 **Fig. 7.** Biosynthetic fractionation (ϵ_{bio} , i.e. $\epsilon_{\text{wax/leaf}}$) between the hydrogen-isotopic signature of leaf
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960

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 970 xylem water data available for grasses, all $\epsilon_{\text{leaf/source}}$ and ϵ_{net} values were calculated excluding grasses for
 971 comparison. The sizes of arrows and boxes are only for conceptual representation and not scaled to actual
 972 values.

TABLE CAPTIONS

974 **Table 1** Plant species and family with their respective growth form (grass, shrub, tree) and habitat (crater
975 rim, lakeshore, savanna).

976 **Table 2** Output of linear mixed-effect models for average chain length (ACL), carbon preference index
977 (CPI), the ratio of *n*-alkane carbon chain lengths $C_{31}/(C_{29}+C_{31})$, abundance-weighted mean hydrogen-
978 isotopic signature of C_{29} and C_{31} *n*-alkanes (δ^2H_{wax}), the hydrogen-isotopic signature of leaf water
979 (δ^2H_{leaf}), and biosynthetic enrichment (ϵ_{bio}) between δ^2H_{leaf} and δ^2H_{wax} as target variables, and with
980 growth form (grass, shrub, tree), habitat (crater rim, lakeshore, savanna) and season (long dry, NE
981 monsoon, SE monsoon, short dry) as fixed effects and species as random effect. The reference treatment
982 were grasses at the crater rim during the long dry season.

983

TABLES

984 **Table 1**

985 Plant species and family with their respective growth form (grass, shrub, tree) and habitat (crater rim,
986 lakeshore, savanna).

Plant species	Plant family	Growth form	Habitat
<i>Enteropogon macrostachyus</i>	Poaceae	Grass	Savanna
<i>Themeda triandra</i>	Poaceae	Grass	Crater rim + Savanna
<i>Commiphora africana</i>	Burseraceae	Shrub	Crater rim
<i>Grewia tephrodermis</i>	Tiliaceae	Shrub	Crater rim + Savanna
<i>Euphorbia tirucalli</i>	Euphorbiaceae	Shrub	Crater rim
<i>Maerua sp.</i>	Capparaceae	Shrub	Crater rim
<i>Thylachium africanum</i>	Capparaceae	Shrub	Crater rim + Lakeshore
<i>Vepris uguenensis</i>	Rutaceae	Shrub	Crater rim + Savanna
<i>Ximenia americana</i>	Olacaceae	Shrub	Savanna
<i>Boswellia neglecta</i>	Burseraceae	Tree	Crater rim
<i>Ficus sycomorus</i>	Moraceae	Tree	Lakeshore
<i>Acacia gerrardii</i>	Leguminosae	Tree	Savanna
<i>Lepisanthes senegalensis</i>	Sapindaceae	Tree	Lakeshore
<i>Sideroxylon sp.</i>	Sapotaceae	Tree	Lakeshore

987

988 **Table 2**
 989 Output of linear mixed-effect models for average chain length (ACL), carbon preference index (CPI),
 990 the ratio of *n*-alkane carbon chain lengths $C_{31}/(C_{29}+C_{31})$, abundance-weighted mean hydrogen-isotopic
 991 signature of C_{29} and C_{31} *n*-alkanes (δ^2H_{wax}), the hydrogen-isotopic signature of leaf water (δ^2H_{leaf}), and
 992 biosynthetic enrichment (ϵ_{bio}) between δ^2H_{leaf} and δ^2H_{wax} as target variables, and with growth form (grass,
 993 shrub, tree), habitat (crater rim, lakeshore, savanna) and season (long dry, NE monsoon, SE monsoon,
 994 short dry) as fixed effects and species as random effect. The reference treatment were grasses at the crater
 995 rim during the long dry season.

Regression coefficients		ACL	CPI	$C_{31}/(C_{29}+C_{31})$	δ^2H_{wax}	δ^2H_{leaf}	ϵ_{bio}
Intercept		30.8	21.7	0.76	-153	-5	-147
R ²	Fixed effects	0.18	0.29	0.19	0.40	0.08	0.19
	Random effects	0.61	0.33	0.47	0.39	0.61	0.63
	Overall model	0.79	0.61	0.66	0.80	0.69	0.83
Fixed effect parameter estimates		ACL	CPI	$C_{31}/(C_{29}+C_{31})$	δ^2H_{wax}	δ^2H_{leaf}	ϵ_{bio}
Growth form	Shrub	-1.0	-11.2	-0.31	36	0	38
	Tree	-0.6	-6.6	-0.18	43	7	38
Habitat	Lakeshore	0.3	-0.1	0.05	7	4	1
	Savanna	0.2	0.6	0.02	-11	3	-15
Season	NE monsoon	-0.1	3.3	0.02	-8	6	-13
	SE monsoon	0.1	-2.3	0.03	-9	-4	-9
	Short dry	-0.2	-0.2	-0.03	0	9	-12

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