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Molecular structure and function of myelin protein P0 in membrane stacking

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Compact myelin forms the basis of nerve insulation essential for higher vertebrates. Dozens of myelin membrane bilayers undergo tight stacking, and in the peripheral nervous system, this is partially enabled by myelin protein zero (P0). Consisting of an immunoglobulin (Ig)-like extracellular domain, a single transmembrane helix, and a cytoplasmic extension (P0ct), P0 harbours an important task in ensuring the integrity of compact myelin in the extracellular compartment, referred to as the intraperiod line. Several disease mutations resulting in peripheral neuropathies have been identified for P0, reflecting its physiological importance, but the arrangement of P0 within the myelin ultrastructure remains obscure. We performed a biophysical characterization of recombinant P0ct. P0ct contributes to the binding affinity between apposed cytoplasmic myelin membrane leaflets, which not only results in changes of the bilayer properties, but also potentially involves the arrangement of the Ig-like domains in a manner that stabilizes the intraperiod line. Transmission electron cryomicroscopy of native full-length P0 showed that P0 stacks lipid membranes by forming antiparallel dimers between the extracellular Ig-like domains. The zipper-like arrangement of the P0 extracellular domains between two membranes explains the double structure of the myelin intraperiod line. Our results contribute to the understanding of PNS myelin, the role of P0 therein, and the underlying molecular foundation of compact myelin stability in health and disease.

Myelin enwraps axonal segments in the vertebrate nervous system, accelerating nerve impulse propagation as well as providing trophic and mechanical support to fragile neuronal processes¹. The insulative nature of myelin arises from its water-deficient structure, compact myelin, where layers of the plasma membrane are stacked upon each other and adhered together by specific proteins². This array of proteins partially differs between the central and peripheral nervous systems (CNS and PNS, respectively), and the disruption of PNS compact myelin has a severe effect on action potential velocity³. This manifests as a set of medical conditions, including the peripheral neuropathies Charcot-Marie-Tooth disease (CMT) and Dejerine-Sottas syndrome (DSS). Such diseases are incurable and difficult to treat, and they show significant genetic background, resulting from mutations in proteins that affect the formation or stability of myelin, either directly or indirectly^{4–7}. The development of eventual CMT/DSS-targeting remedies is hindered by the lack of basic molecular structural knowledge on the formation and eventual disruption of PNS myelin⁸.

Myelin protein zero (P0; also known as MPZ) is the most abundant protein in PNS myelin⁹. It resides in compact myelin and spans the myelin membrane *via* a single transmembrane helix with an N-terminal immunoglobulin (Ig)-like domain on the extracellular side of the membrane. A short cytoplasmic tail (P0ct) follows the transmembrane domain³. Point mutations in P0 account for 10–12% of all dominant demyelinating CMT type 1 cases¹⁰.

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The extracellular Ig-like domain of P0 is a major contributor to the formation of the myelin intraperiod line¹¹. Crystal structures of this domain have provided clues about details of membrane adhesion, and one theory involves oligomerization of Ig-like domains from two apposing membranes^{12,13}. This would explain the roughly 5-nm spacing of the intraperiod line in compact myelin, compared to the 3-nm cytoplasmic compartment, or the major dense line, between two cytoplasmic membrane leaflets^{14–16}. Dozens of CMT- and DSS-linked mutations have been reported for the Ig-like domain, signifying its importance in myelination¹⁷.

At physiological pH, P0ct is a positively charged segment of 69 amino acids, predicted to be disordered in solution³. The central part of P0ct (amino acids 180–199 of mature human P0 isoform 1) contains an immunodominant, neuritogenic segment, which can be used to generate animal models with experimental autoimmune neuritis (EAN)¹⁸. It is noteworthy that most CMT-linked point mutations in P0ct are localized in this region^{17,19–22}. P0ct interacts with lipid membranes, and it gains a significant amount of secondary structure upon binding^{23–25}. P0ct aggregates negatively charged lipid vesicles²³, suggesting that P0ct might harbour a similar membrane-stacking function as myelin basic protein (MBP)¹⁶ and peripheral myelin protein 2 (P2)²⁶. However, the tertiary conformation of P0ct and details of its lipid binding are not fully understood, and the potential function of P0ct in membrane stacking remains to be further elucidated.

We characterized human P0ct using several complementary methods, to gain a structural insight into its membrane binding, insertion, and contribution to myelin membrane stacking. Using electron cryomicroscopy (cryo-EM), we observed a zipper-like assembly of bovine full-length P0 in reconstituted membranes. Additionally, we investigated a synthetic P0ct-derived peptide (P0ct_{pept}), corresponding to the neuritogenic sequence, under membrane-mimicking conditions using synchrotron radiation circular dichroism spectroscopy (SRCD) and computational predictions. Our results show that P0ct is likely to be involved in maintaining the stability of compact PNS myelin together with other cytosolic PNS myelin proteins. A combined approach of EM, small-angle X-ray diffraction (SAXD), atomic force microscopy (AFM), and differential scanning calorimetric (DSC) suggests that P0ct may have a role in regulating the lateral structure within the membrane, together with the ultrastructure formed by the Ig-like domains in the extracellular compartment.

Results

To study the putative function of P0ct as a classical membrane stacking protein, we performed a biophysical characterization, as well as binding experiments with lipids, similarly to our earlier study on MBP¹⁶. Additionally, we investigated the stacking behaviour of full-length P0 using cryo-EM, and the folding and orientation of P0ct_{pept} in membranes with SRCD.

Characterization of P0ct. We purified P0ct to homogeneity using a two-step purification process. P0ct appeared as a single band on SDS-PAGE, presenting a monodisperse profile in size exclusion chromatography (SEC) with a monomeric mass in solution, as shown with SEC-coupled multi-angle light scattering (SEC-MALS), despite its unusual migration in SDS-PAGE (Supplementary Fig. S1a). The obtained mass (7.5 kDa) was very close to the one determined using mass spectrometry (7991 Da), matching the expected mass based on the primary structure (7990.25 Da).

The folding of P0ct was studied in the presence of different additives using SRCD. The results were as expected based on earlier investigations²⁴. P0ct was mostly disordered in solution and gained significant secondary structure content, when introduced to increasing concentrations of 2,2,2-trifluoroethanol (TFE), as well as n-dodecylphosphocholine (DPC) or sodium dodecyl sulphate (SDS) micelles, but not with n-octylglucoside (OG) or lauryldimethylamine N-oxide (LDAO) (Supplementary Fig. S1b).

To investigate the solution behaviour of P0ct, we used small-angle X-ray scattering (SAXS) to reveal that P0ct is monomeric and extended (Fig. 1a,b, Supplementary Fig. S1c, Supplementary Table S1), which was best explained by a dynamic ensemble of elongated conformers, as observed for MBP (Fig. 1c)¹⁶. Similarly to MBP, P0ct appeared to favour a slightly compacted conformation over a completely extended one.

P0ct binds irreversibly to lipid structures and influences their properties. A gain in helical structure of P0ct was observed earlier in membrane-mimicking conditions, including neutral and charged detergent micelles, TFE, and different lipids²⁴. This could represent a physiologically relevant state of folding, which prompted us to investigate the lipid interaction propensity of P0ct in the presence of various lipid compositions by SRCD (Fig. 2a–c). Magnitude differences in the CD signals were detected between different samples, which most likely arose from lipid batch heterogeneity and the resulting differences in protein-lipid turbidity, causing light scattering and lowered signal intensity. This did not compromise data interpretation, as the relevant data for each comparison were acquired at the same time. Therefore, the SRCD traces in Fig. 2a–c should be compared only within panels. We observed a high degree of P0ct folding in the presence of negatively charged small unilamellar vesicles (SUVs), whereas neutral SUVs displayed no gain in secondary structure content compared to P0ct in water (Fig. 2a). A 1:1 molar mixture of the fully saturated lipids dimyristoylphosphatidylcholine (DMPC) and dimyristoylphosphatidylglycerol (DMPG), enhanced the folding notably compared to a 1:1 mixture of dioleoylphosphatidylcholine (DOPC) and dioleoylphosphatidylserine (DOPS), indicating a specific effect by the lipid tails, and/or a difference between the negatively charged PG and PS headgroups. The dimyristoyl lipids were compared to dioleoyl lipids due to the fact that the bilayer thickness in these cases is nearly identical. Importantly, SPR experiments (see below) indicated similar affinities towards both lipid mixtures. To check whether other lipid species could influence the folding, we included 10% (w/w) cholesterol, dimyristoylphosphatidylethanolamine (DMPE), or sphingomyelin (SM) in DMPC:DMPG (1:1) (Fig. 2b). Cholesterol and SM appeared to slightly favour folding, suggesting that P0ct is sensitive to fluidity differences within the membrane, as reported earlier²⁴. Additionally, these interactions seem specific from a molecular point of view, as changing between the gel and liquid disordered phases of DMPC:DMPG (1:1) *via* temperature scanning did not influence P0ct folding (Fig. 2c).

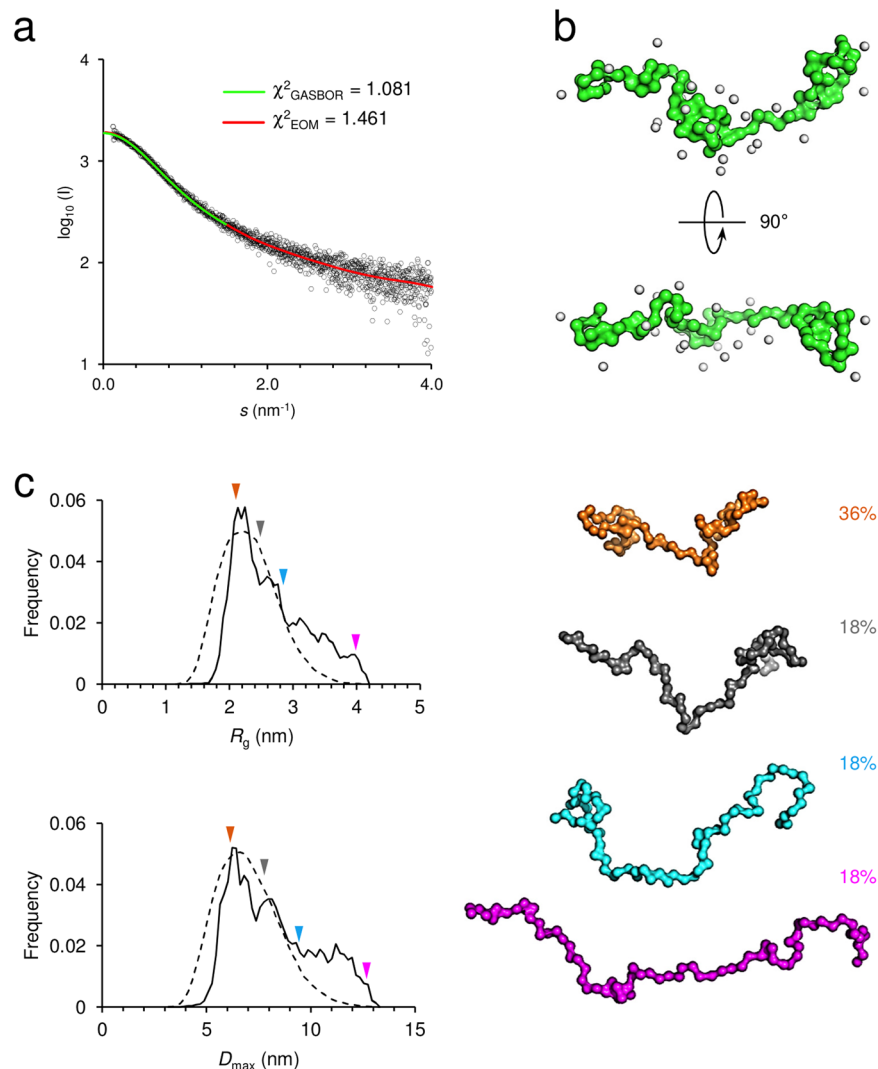


Figure 1. SAXS analysis of P0ct. (a) SAXS data reveals the elongated nature of P0ct. GASBOR and EOM fits are plotted over the entire measurement data with their respective χ^2 values indicated. (b) The GASBOR *ab initio* model is clearly elongated, measuring up to 8 nm in length. (c) An ensemble of dynamic conformers in solution, presenting wide R_g and D_{max} populations (left), satisfy the SAXS data well. Most abundant conformers by mass are presented as models (right; colored arrows denote the R_g and D_{max} values within the analyzed distributions from EOM).

SM and cholesterol are known to interact²⁷, and together, they contribute to the formation of lipid rafts, in which major PNS myelin proteins localize²⁸. These include P0, as well as its known interaction partner peripheral myelin protein 22 (PMP22)^{29,30}, for which the presence of SM is absolutely required for reconstitution into functional model systems³¹.

In our model lipid compositions, we did not observe structures rich in β -sheets, and to study more physiologically relevant conditions, we measured SRCD spectra of P0ct in the presence of a native myelin-like cytoplasmic leaflet composition, DMPC:dimyristoylphosphatidylserine (DMPS):DMPE:SM:cholesterol (25.9:7:29:6.2:31.6), as well as an experimental autoimmune encephalomyelitis (EAE)-like composition, DMPC:DMPS:DMPE:SM:cholesterol (20.1:7.4:32.9:2.2:37.4) (Fig. 2b)³². P0ct gained a high amount of secondary structure in the presence of native myelin-like lipids, but did not display enriched amounts of β -structure. The mixed secondary structure content had a high proportion of α -helix, as evident from the observed double minima at 208 and 222 nm. Predominantly β -sheet-rich structures would form a single minimum at 215 nm³³. The folding was clearly diminished in EAE-like lipids, and a key influencing factor might be the different phase behaviour of the two lipid compositions; the EAE lipid composition, which mimics a pathogenic myelin composition, has been demonstrated to co-exist as mixed lamellar and hexagonal phases *in vitro*, as opposed to the native myelin-like composition, which forms a completely lamellar lipid phase³⁴. Considering the composition, the largest relative difference is the much lower fraction of SM in the EAE-like lipids. Judging from the intensity of the observed double minima at 209 and 222 nm, the helical folding of P0ct in our model lipids matches the native-like lipid composition better than the EAE composition, validating our simplified model system for further studies.

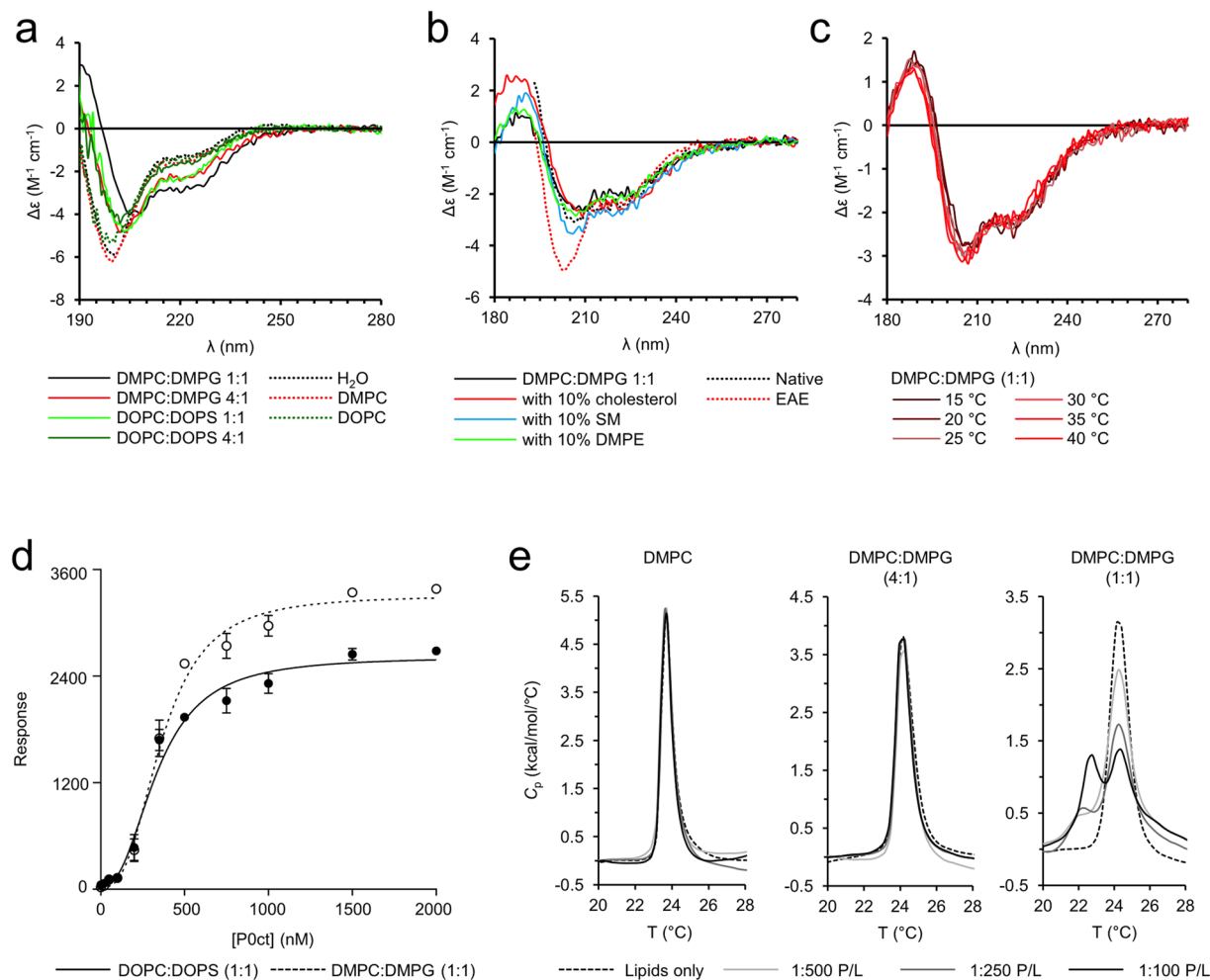


Figure 2. Folding and lipid binding properties of P0ct. **(a)** While P0ct remains disordered in the presence of neutral lipid bodies, a large gain in regular secondary structure content is evident especially in the presence of DMPC:DMPG (1:1). **(b)** P0ct appears to fold slightly differently in the presence of vesicles containing cholesterol or SM when mixed with a DMPC:DMPG (1:1) composition. Native and EAE-like lipid compositions (compositions based on previously published data³²) present a different degree of folding. **(c)** P0ct retains its folding in SRCD around the typical DMPC:DMPG (1:1) lipid phase transition temperature. **(d)** P0ct binds immobilized lipid vesicles in SPR. Error bars represent standard deviation. **(e)** The lipid tails of LMVs with a strong negative surface net charge exhibit a second endothermic transition at 22.5 °C upon the addition of P0ct.

| Lipid composition | R_{hi} | R_{lo} | A_1 | A_2 | R^2 |
|-------------------|-------------|-------------|--------------|-------------|--------|
| DOPC:DOPS (1:1) | 2617 ± 80.9 | 29.1 ± 64.7 | 337.2 ± 20.7 | 2.44 ± 0.31 | 0.9800 |
| DMPC:DMPG (1:1) | 3309 ± 71.4 | 19.8 ± 58.4 | 363.0 ± 15.0 | 2.76 ± 0.26 | 0.9893 |

Table 1. SPR fitting parameters.

The folding of P0ct in the presence of lipid vesicles is a strong indicator of binding, which prompted us to study the binding kinetics and affinity using surface plasmon resonance (SPR; Fig. 2d). P0ct irreversibly associated with immobilized large unilamellar lipid vesicles (LUVs), and comparison of saturated and unsaturated lipid tails only revealed differences in maximum response, reflecting the amount of bound P0ct, while the affinity (K_d) remained similar (Table 1). These results suggest that the saturated lipids DMPC:DMPG can incorporate more P0ct than DOPC:DOPS; furthermore, P0ct gained more secondary structure in the presence of DMPC:DMPG (Fig. 2a). We were interested in the underlying kinetics of association; similarly to MBP, we observed a complex association pattern¹⁶, which could not be analyzed confidently using simple binding models. Data are provided here for comparison with earlier data from MBP (Supplementary Fig. S2, Supplementary Table S2). Additional studies will be required to shed light on the details of membrane association kinetics of both P0ct, MBP, and other myelin proteins.

Having observed a similar lipid-dependent binding behaviour for P0ct as for MBP, we employed differential scanning calorimetry (DSC) to check for any thermodynamic changes in lipid tail behaviour of large

multilamellar vesicles (LMVs) in the presence of P0ct (Fig. 2e). While the phase behaviour of neutral lipids remained unaffected by the presence of P0ct, displaying only the $\sim 24^\circ\text{C}$ peak typical for dimyristoyl compounds³⁵, the inclusion of the negatively charged DMPG allowed us to observe an additional endothermic phase transition peak around 22.5°C . The lipid phase transition at 22.5°C increased in intensity with the addition of more P0ct, indicating direct binding to vesicles and concentration dependency. Note that P0ct did not display folding differences at temperatures around the observed phase transitions (Fig. 2c), suggesting that P0ct does not exist in several temperature-dependent conformational states. P0ct seems to directly interact with lipid tails, being capable of affecting the lipid phase behaviour by lowering the phase transition temperature.

P0ct induces the formation of an ordered proteolipid membrane. Since we confirmed the binding of P0ct to lipid structures, the next step was to investigate its putative membrane stacking function, as the biological function of many myelin proteins relates to multilayer formation. We used turbidimetry to indirectly quantify vesicle aggregation by P0ct (Fig. 3a). P0ct induced turbidity in the presence of several lipid mixtures with net negative surface charge.

The turbidimetric experiments strongly indicated that P0ct induced vesicle aggregation. To further elucidate the level of order within the system, we subjected protein-lipid samples to small-angle X-ray diffraction (SAXD) (Fig. 3b,c). While vesicles alone did not show Bragg peaks in the X-ray scattering profile (not shown), P0ct induced two intensive Bragg peaks, which changed their position in momentum transfer (s) in a nearly linear fashion as a function of protein-to-lipid (P/L) ratio, indicating concentration dependency in the formation of order and membrane spacing.

While the vesicle-based experiments provided indirect evidence of membrane stacking, we used atomic force microscopy (AFM) to determine whether P0ct can spontaneously stack membranes, similarly to MBP and P2²⁶ (Fig. 3d). However, under the experimental conditions we employed, P0ct did not form detectable stacked systems even at relatively high concentrations, rather appearing to accumulate on membranes, increasing their thickness and changing their mechanical properties. The morphology of the membranes changed in the presence of P0ct. The smooth, round edges of lipid bilayers appeared much less regular when P0ct accumulated on the membrane (Fig. 3c). P0ct seemed to concentrate at the edges of membranes (Fig. 3d), leaving some central parts of the SLBs less abundant in P0ct, as suggested by the thickness and rigidity of these regions being similar to SLBs not treated with P0ct.

We further exploited EM to check, whether aggregated vesicles form in the presence of P0ct (Fig. 4a–d). Surprisingly, the EM data revealed an absence of both vesicle aggregation and well-defined membrane stacks; the difference to control lipid samples was the formation of large vesicular bodies in the presence of P0ct, possibly formed through P0ct-mediated fusion, at most tested P/L ratios. At high protein concentrations, we observed 10–20-nm thick filament/tubule-like assemblies, seemingly formed of tightly adhered membranes. This is an indication of ordered protein-membrane structures, although such filamentous structures are not present in endogenous myelin. It appears that high enough P0ct concentrations may affect membrane bilayer curvature, which could be relevant for myelination. It should be noted that in these experiments, the required P/L ratio for P0ct to form any kind of visibly stacked systems was roughly an order of magnitude higher compared to MBP¹⁶. In PNS myelin, full-length P0 can be estimated to comprise up to $\sim 10\%$ of the membrane dry weight. This would correspond to a P/L ratio of $\sim 1:300$. The concentration of P0 in PNS compact myelin is several-fold higher than that of MBP, and P0ct could be functional in membrane stacking *in vivo*. The large vesicular structures suggest an unexpected mechanism, which does explain the observed turbidity at moderate P/L ratios; at the same time, the Bragg peaks in SAXD indicate the presence of well-defined repeat distances, possibly originating from local patches of adhered membranes. It is noteworthy that at P/L ratios of 1:50 and 1:100, the Bragg peaks are most intensive, and the repeat distance plateaus at 75.0 \AA , suggesting that the most condensed structure has been reached. A repeat distance of 75 \AA is in good corroboration with the thickness of cytoplasmic membrane stacks in myelin¹⁵; this distance is shorter than that observed with MBP and P2 earlier. These results indicate that P0ct can function as a membrane-stacking molecule. Taking all of our results together, the contribution of P0ct in membrane stacking *per se* is most likely low; however, in myelin, P0ct is not free but anchored to the cytoplasmic face of the membrane, which could affect its biophysical properties *in vivo*.

The folding and orientation of P0ct_{pept} in membranes. The P0ct_{pept} peptide has been used to induce EAN in animal models¹⁸. To shed light on its membrane association and conformation, we studied P0ct_{pept} using SRCD and oriented SRCD (OCD). P0ct_{pept} was disordered in solution and gained secondary structure in the presence of TFE or negatively charged detergent micelles, and somewhat less in negatively charged lipids (Fig. 5a,b). P0ct_{pept} did not fold with neutral lipids, and relatively weakly with negatively charged lipids, except with DMPC:DMPG (1:1). In the latter composition, the gain in secondary structure was notable, and the CD spectrum does not directly resemble classical α -helical or β -sheet lineshape: the observed maximum and minimum at 188 nm and 205 nm, respectively, are close to typical $\pi \rightarrow \pi^*$ transitions observed in peptides and proteins with mostly α -helical structures. However, the $n \rightarrow \pi^*$ band, normally observed as a minimum at 222 nm in α -helices, is poorly resolved. While P0ct_{pept} did not gain significant structure in DPC, the negatively charged detergent SDS induced higher secondary structure gain than 70% TFE, in contrast to P0ct and several other proteins^{16,36,37}, suggesting a role for electrostatic neutralization in the folding of P0ct_{pept}.

To shed light on the orientation of P0ct_{pept} in membranes, we prepared stacked membranes with P0ct_{pept} on planar quartz glass substrates at high relative humidity ($>97\%$). The samples were oriented perpendicular to the incident synchrotron radiation beam, and we collected OCD spectra of P0ct_{pept} in DMPC and DMPC:DMPG (1:1) membranes (Fig. 5c), which allows the investigation of helix orientation within oriented membranes^{38,39}. Comparison of the OCD spectra with isotropic spectra revealed folding in both cases. The OCD spectrum in DMPC is weak, but presents helical content, with both minima typical for in-plane helices in bilayers present;

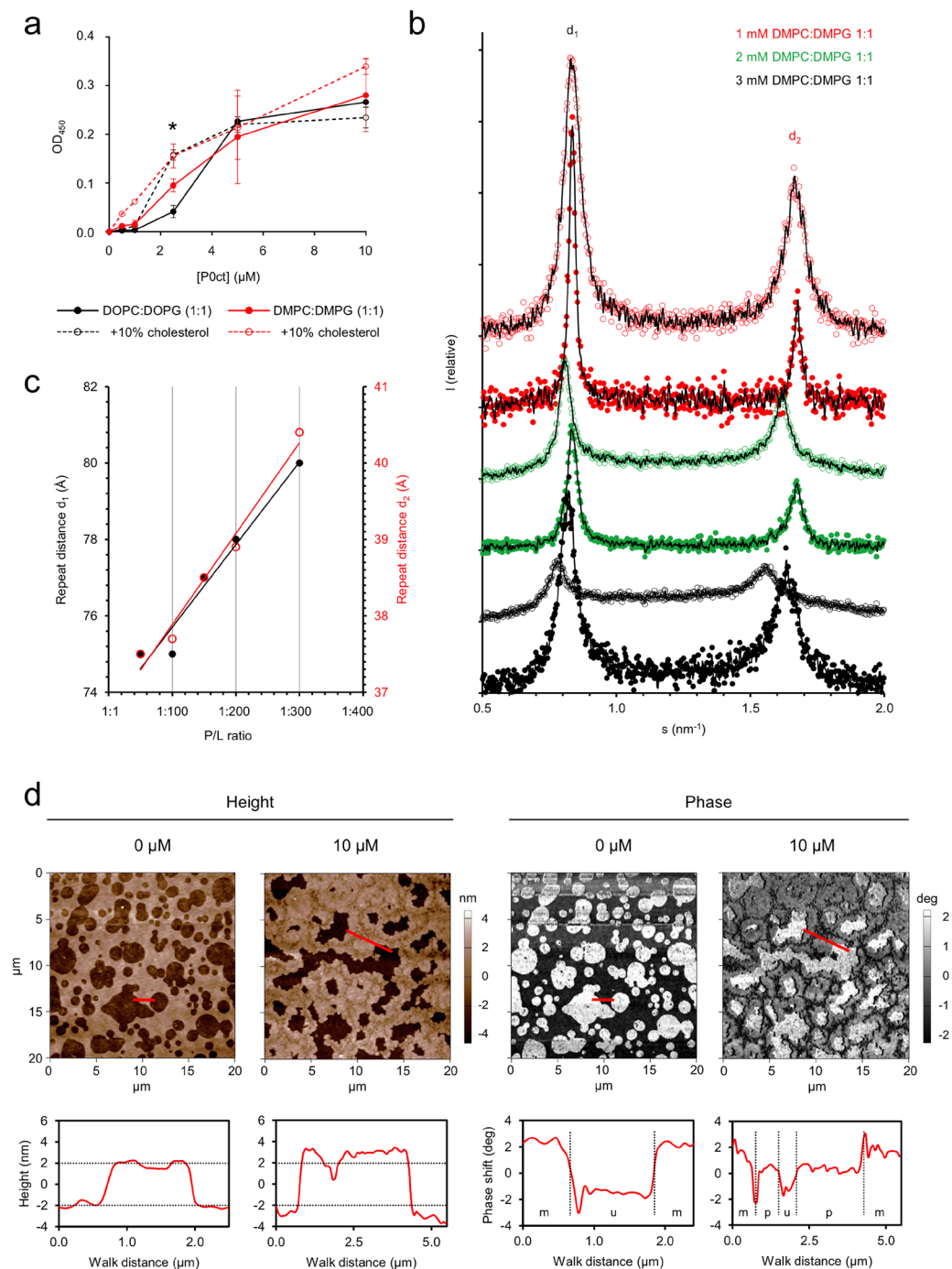


Figure 3. P0ct modulates the properties of lipid structures. **(a)** The turbidity caused by the presence of P0ct in SUVs somewhat changes depending on the lipid tail saturation degree or the presence of cholesterol. Error bars represent standard deviation. Asterisk: P/L ratio of 1:200. **(b)** Mixing P0ct with DMPC:DMPG (1:1) SUVs result in X-ray diffraction patterns that display two major Bragg peaks per dataset within the measured s -range. Added P0ct concentrations of 10 and 20 μM are shown as open and filled markers, respectively. A moving average (black line) has been plotted over each dataset, all of which have been offset for clarity. None of the data has been scaled in respect to one another. **(c)** The mean repeat distances, calculated from the s -values corresponding to the intensity summit of each Bragg peak, plotted as a function of P/L ratio. Linear fits are shown as solid lines for both d_1 and d_2 distributions. **(d)** In AFM, P0ct accumulates into supported DOPC:DOPS (1:1) bilayers without spontaneous induction of myelin-like membrane stacking, but increases the local thickness of the membrane by as much as 2 nm. This is evident especially at the edges of the membranes, where the membrane morphology is also changed. The phase difference of the membrane indicates that the mechanical properties of the membrane change in these areas, with a larger change at the edges of the membrane, where P0ct is supposedly most abundant. Height and phase difference graphs are plotted below the images, with the walk path indicated in red. Annotations in phase image walk graphs: m, mica; u, lipid bilayer; p, P0ct-embedded bilayer. Dashed horizontal and vertical dividers have been added to aid comparison.

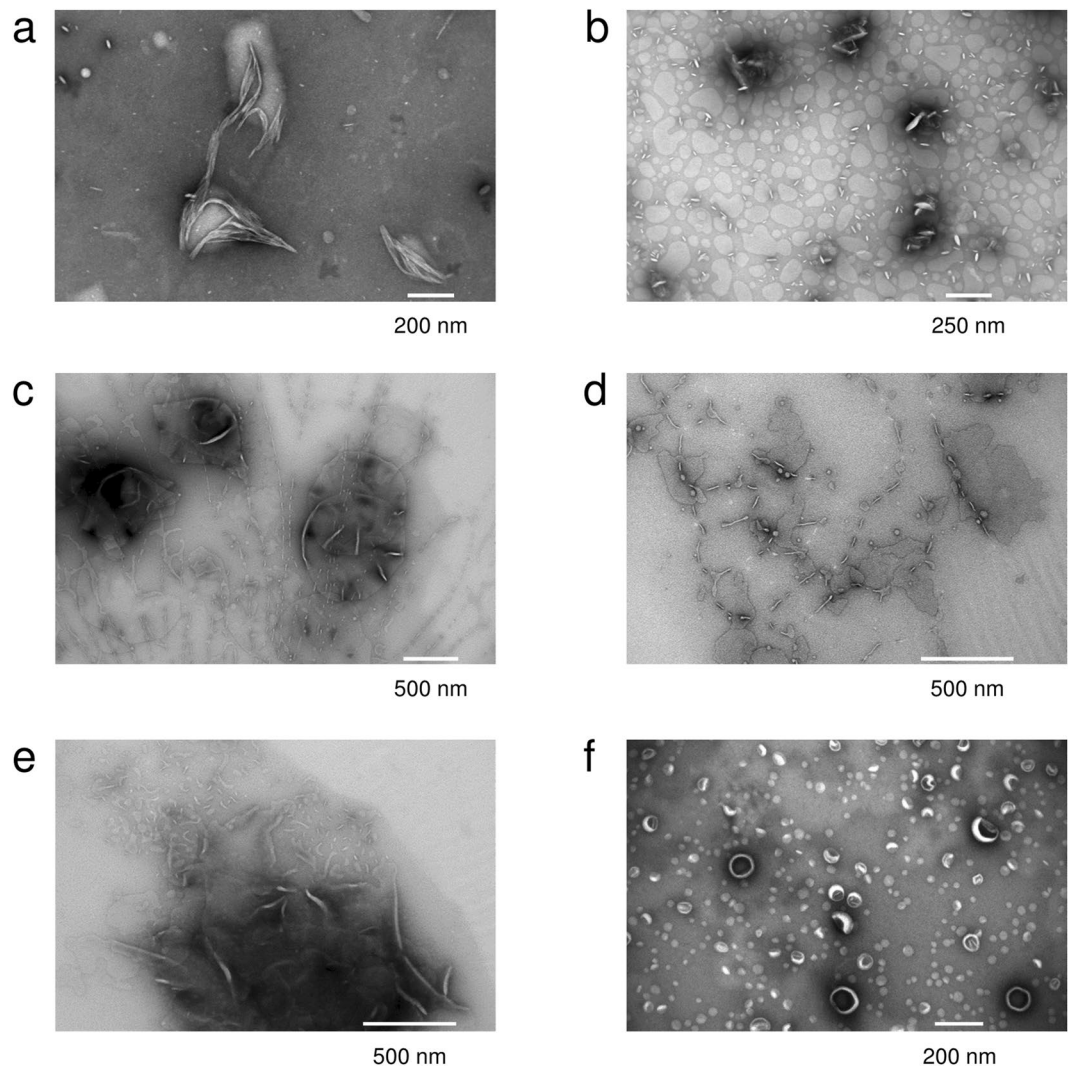


Figure 4. Vesicle fusion and membrane insertion of P0ct. EM concentration series of (a) 1:25, (b) 1:50, (c) 1:100, (d) 1:250 and (e) 1:500 P/L P0ct in the presence of DMPC:DMPG (1:1) vesicles shows the absence of membrane stacks, oppositely to the case of MBP¹⁶. The effect resembles vesicle fusion and the formation of large lipid bodies. (f) Vesicle control in the absence of P0ct.

compared to the isotropic spectrum, this reflects the fact that in OCD, there is much less free water phase and the peptide is forced to bind to DMPC. In DMPC:DMPG (1:1), the spectral intensity is higher, and the minimum typically observed at 208 nm is weakened, indicating that the helical segment of P0ct_{pept} is in a tilted orientation with respect to the lipid surface, although the shift is not strong enough to represent a completely perpendicular helix.

We generated models of P0ct_{pept} to learn more about its potential conformation. The N-terminal, basic half of P0ct_{pept} is likely flexible, whereas the more hydrophobic segment, corresponding to residues 189–199, folds into a well-defined helix (Fig. 5d,e). Linking the models to the observed OCD spectra, the peptide most likely adopts mixed orientations in DMPC, whereas in the presence of negatively charged headgroups, the N-terminal half of P0ct_{pept} can form ionic interactions. This could result in charge neutralization and induce folding into a second helical segment, which would adopt a more perpendicular orientation, explaining the measured OCD spectrum. The central Pro residue breaks the helix and could allow the two halves to adopt different orientations with respect to one another and the membrane. It is possible that at least the central helical segment of P0ct is ‘anchored’ at the level of the charged headgroups, and as such, is likely to give P0ct a specific orientation in the cytoplasmic leaflet of the myelin membrane.

P0 forms an intermembrane zipper composed of Ig-like domains. To complement the characterization of P0ct, we investigated membrane stacking by full-length P0, purified from the raft fraction of bovine peripheral myelin⁴⁰. During purification, the protein was embedded in SDS micelles, and after exchange into n-decyl-β-D-maltopyranoside (DM), the protein was monodisperse based on negative stain EM (Fig. 6a). SRCD investigations of P0 in detergents or net negatively charged lipids showed high structural content (Fig. 6b), and monodispersity was further analyzed using SEC-MALS (Fig. 6c, Supplementary Fig. S3). The oligomeric status

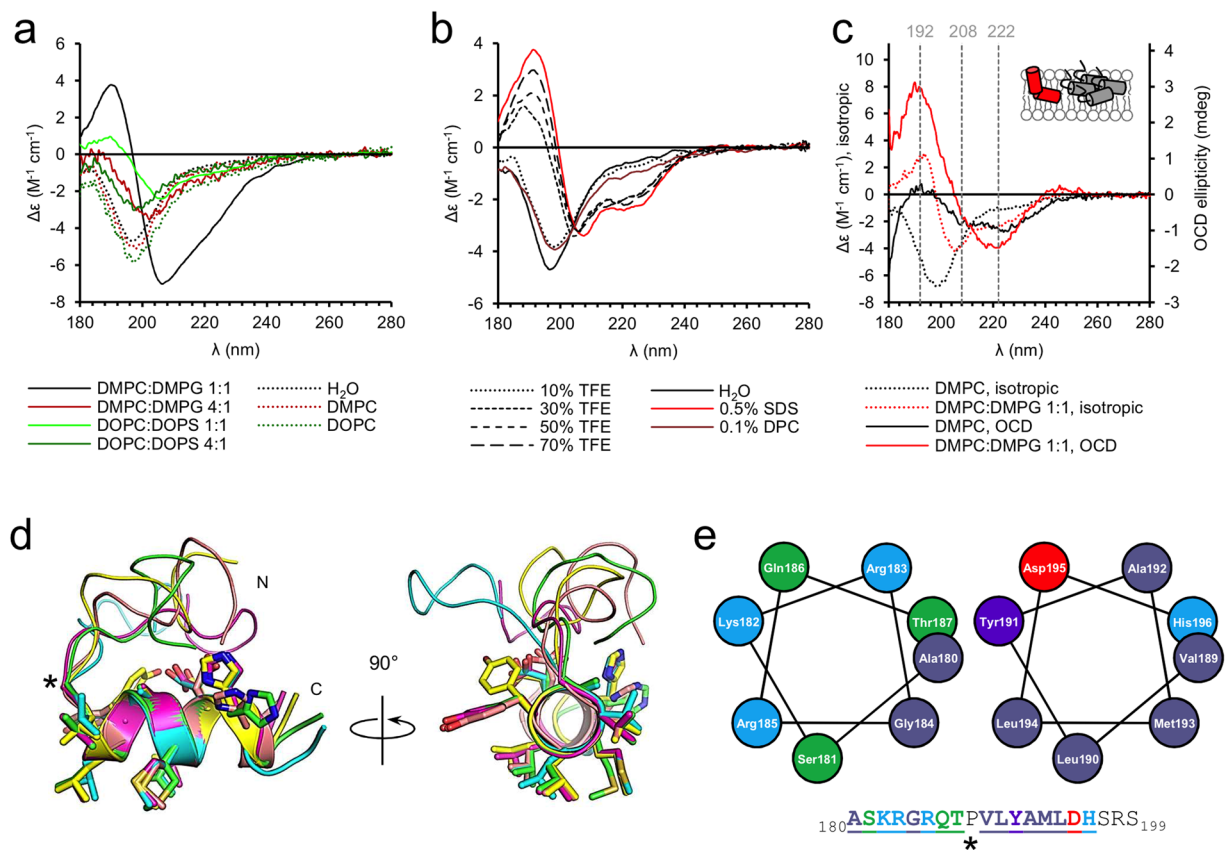


Figure 5. Folding of P0ct_{pept}. **(a)** SRCD data show that P0ct_{pept} only displays folding with negatively charged SUVs. The most notable spectrum is the DMPC:DMPG (1:1) spectrum, which does not resemble classical helical content, nor β -sheets. **(b)** The effect of TFE and detergents on the conformation of P0ct_{pept}. While P0ct_{pept} only displays marginal folding with DPC, SDS induces an even higher secondary structure gain than 70% TFE, indicating the major importance of electrostatics in the folding of P0ct_{pept}. **(c)** OCD data of P0ct_{pept} in DMPC and DMPC:DMPG (1:1). Isotropic spectra are shown for reference. The DMPC OCD data is weak, typical for an aggregated sample, while also showing traces of helical content. The DMPC:DMPG (1:1) data displays clear folding and a more perpendicular orientation within the membrane. A simple cartoon has been drawn for clarity for both OCD datasets. Colors match the shown data. **(d)** Superposition of five predicted structures of P0ct_{pept} reveal the N-terminus likely to be disordered, followed by a kinking Pro (black asterisk), and a helical C-terminal segment. **(e)** Helical wheel projections of the basic N-terminal half (left) and the hydrophobic half (right) of P0ct_{pept}. The residues are colored based on chemical properties with matched indications in the peptide sequence (down). The underlined segments are shown in the projections. The potentially helix-breaking Pro has been indicated with an asterisk.

of full-length P0 depended on detergent, and in accordance with earlier studies^{41,42}, both tetrameric and dimeric species were observed. The main species in DPC was tetrameric, while LDAO showed the presence of dimeric full-length P0. It is noteworthy that the folding of P0ct was different in these two detergents (Supplementary Fig. S1b), suggesting a possible involvement of P0ct in the oligomerization of P0.

We reconstituted P0 into SUVs prepared from both DOPC and *E. coli* polar lipids and imaged the samples using cryo-EM. We observed similar membrane stacking in both lipid compositions, suggesting that, under these conditions, the lipid composition plays a minor role in membrane stacking by full-length P0 (Fig. 6d–f).

The extracellular domain of P0 was organized between the two apposing lipid bilayers, forming a tightly packed zipper consisting of monomers from both apposed membranes (Fig. 6d–f). The thickness of the zipper determined the spatial width, measuring 50 ± 10 Å, between the membrane leaflets – a physiologically relevant value present in natural myelin, as shown by X-ray diffraction of myelin extracts^{14,15}. Each bilayer measured a typical 45-Å thickness. The distance between the apposing P0 monomers was 10–15 Å, if not in direct contact, whereas the spacing between lateral P0 monomers was 25–30 Å. It is realistic to assume that similar distances are present in native myelin, P0 constituting up to 50% of total protein in myelin. The tightly packed, uniform, zipper-like arrangement suggests that even though the underlying intermolecular interactions might be relatively weak at the level of single molecules, the large surface interaction area formed by a P0-enriched membrane can generate a strong force for keeping apposed membranes tightly together, both on the extracellular and cytosolic sides.

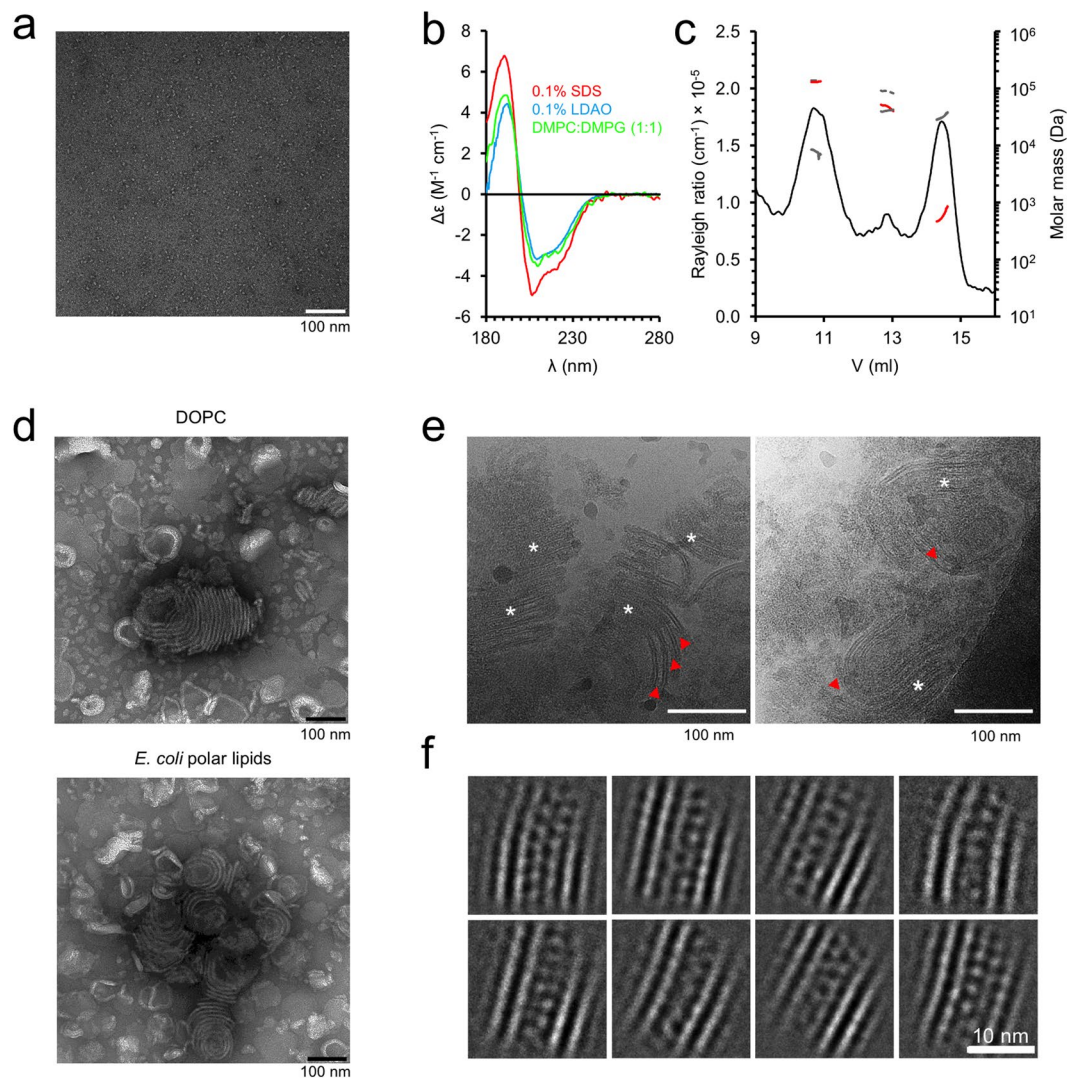


Figure 6. Full-length P0 in a membrane environment. **(a)** Cryo-EM of full length P0 displays good monodispersity in 0.4% DM. **(b)** SRCD spectra of full length P0 in detergents and lipids. **(c)** Analysis of full-length P0 monodispersity and oligomeric state using SEC-MALS. Shown are data measured in DPC. The Rayleigh ratio is shown (black) together with the total mass (gray dash), protein mass (red) and detergent mass for each peak (gray solid). **(d)** P0 reconstituted into DOPC and *E. coli* polar lipid extract vesicles result in membrane stacks that resemble myelin. **(e)** Cryo-EM micrographs of *E. coli* polar lipid extract with reconstituted P0. Both curved loosened and planar tight bilayer adhesions are present. In the latter, a significantly higher protein density between the membranes is evident. The loose and tight areas are marked with red arrows and white asterisks, respectively. **(f)** 2D class averages generated from the tight adhesions of P0 in *E. coli* polar lipids sample cryo-EM micrographs display a zipper of apposing Ig-like domains that interact with each other and settle between the two lipid bilayers.

Discussion

The cytoplasmic domain of P0 is disordered in solution, and once it irreversibly interacts with negatively charged lipids, it folds and becomes embedded, influencing the physical behaviour of the lipids within the membrane, but also potentially inducing larger-scale structural membrane reorganization. P0ct gains helical secondary structure with lipids, rather than the β -sheet-rich structures suggested earlier²⁴. This was notable also in a lipid composition that resembles the cytoplasmic leaflet of myelin, and the degree of folding was diminished in an EAE-like lipid composition.

Similarly to MBP¹⁶, the initial association of P0ct with lipids is governed by electrostatics, suggesting that P0ct possesses similar physicochemical properties as MBP within the myelin environment. However, due to the folding differences observed in SRCD with different lipid tails, correlated with amount of protein bound in SPR, one can speculate that the membrane-bound concentration of P0ct may influence its overall folding population. Already early studies in the 1930s and 1940s have shown that native myelin is an ordered structure diffracting X-rays^{43,44}. P0ct stacks membranes at such a level of order that X-ray diffraction bands are observed, and a repeat distance of 75 Å can be deduced in the multilayers. Lipid-bound MBP, having a high content of PE and low

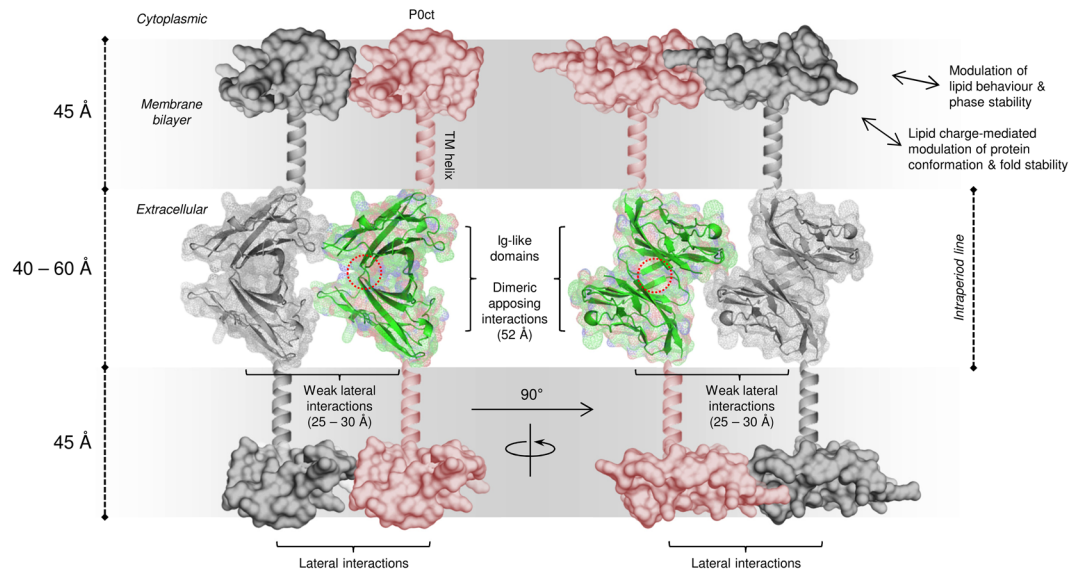


Figure 7. Model for the ultrastructure of the intraperiod line. Potential arrangement of P0 in the intraperiod line and lipid bilayers. Antiparallel apposing Ig-like domains interact weakly with each other through a β -strand stretch (red dotted circle; based on crystal contacts in PDB ID 1neu¹²) and form the basis of membrane stacking in the extracellular space. This arrangement results in the C-terminal end of the crystal structure to face the membrane, which logically would continue into the subsequent transmembrane helix. Additionally, the size of the antiparallel dimer is similar to the width of the intraperiod line. While the lateral Ig-like domain monomers are not necessarily in close contact with one another, P0oct anchors onto the cytoplasmic phospholipid headgroups through electrostatic interactions, gaining folding and potentially forming a stable, ordered protein lattice within the membrane, which forces P0 molecules to adjacency, including the extracellular domains. Additionally, P0oct changes the phase transition properties of the lipid bilayer, potentially influencing the stiffness and stability of PNS compact myelin, given that P0oct is capable of changing the mechanical properties of membranes in its bilayer-bound state. The given lengths in brackets match the measured dimensions from the crystal structure, cryo-EM micrographs, and SAXD.

content of bound cholesterol and SM, was shown to similarly generate stacked multilayers with repeat distances between 70–85 Å⁴⁵. Our study provides evidence that P0oct may not harbour a similar role in the formation of the major dense line as MBP, although it is definitely able to bridge charged membranes together at high protein concentrations *in vitro*. In this respect, it is important to remember that *in vivo*, P0oct is an extension of the transmembrane domain of P0, and solidly anchored to the membrane surface, possibly allowing stronger effects on membrane stacking than observed with the P0oct in isolation.

Our cryo-EM experiments on full-length P0 reconstituted into bilayers answer an important question regarding the arrangement of the intraperiod line: the Ig-like domains of P0 organize into apposed dimers, forming a zipper between the two membranes. This is apparently independent of lipid composition, and the interaction is mediated directly through the Ig-like domains. The data clearly indicate that the Ig-like domain of P0 from one membrane does not bind directly to the apposing membrane, but two rows of Ig-like domains are present in the extracellular compartment. This arrangement explains the double structure observed at the intraperiod line in high-resolution electron micrographs⁴⁶. Full-length P0 from the raft fraction, purified with the protocol used in our experiments, contains lipids typical of raft microdomains, including cholesterol and sphingomyelin, as well as N-linked glycan structures belonging to hybrid types⁴⁰. The glycan moieties present in P0 were in an earlier study suggested to play a role in the assembly of complex structures and different populations of P0 partitioning in and outside the raft microdomains of PNS myelin⁴⁰. The latter suggestion stems from the varying glycan content of P0 extracted from different myelin membrane subdomains.

From our data, it is not yet possible to observe atomic resolution details of dimerization. To understand P0 assembly in myelin, the crystal structure of the P0 extracellular domain can be used. As discussed in the original publication¹², the packing of the P0 Ig-like domain in the crystal state provides a potential dimerization scheme with one N-terminal β -strand of each apposing dimer forming an antiparallel β sheet (Fig. 7). In this assembly, the C terminus of each Ig domain monomer, near the start of the transmembrane helix, would directly face a membrane surface. The single 26-residue transmembrane helix of P0 is predicted to be roughly 4.5 nm long, spanning a single lipid bilayer.

While P0 dimerizes through apposing Ig-like domain monomers, the adjacent dimers in the lateral dimension are separated from one another, forming a uniformly spaced, lattice-like structure. Therefore, the lateral architecture is likely to be achieved by other factors than the Ig-like domains alone, perhaps through contributions by P0oct on the cytoplasmic face. Our diffraction studies suggest that P0oct is capable of forming higher order structures with membranes, indicating stable molecular interactions (Fig. 7). One can speculate that the function of P0oct is twofold: Firstly, P0oct may affect the lateral organization of P0 molecules in a manner that spaces the Ig

domains on the extracellular side in a manner productive for membrane stacking. The formation of organized P0-rich areas could provide a strong enough interaction surface to keep the apposing bilayers together. This apposition would be primarily mediated by the orientation and even spacing of the Ig-like domains to allow the subsequent ‘zipper structure’; this arrangement of P0 could be affected by attractive and/or repulsive interactions between P0ct moieties on the cytoplasmic leaflet. The details of such interactions remain to be determined. Secondly, P0ct influences the phase behaviour of the membrane itself by destabilizing the gel phase by lowering the T_m , potentially by directly associating with certain lipid species, including saturated lipid tails, cholesterol, and SM, which influence lipid behaviour that favours productive stacking and the stability of myelin. This could also contribute to the lateral organization of P0 and its interaction partners, such as PMP22^{29,30}. Similarly to P0, mutations in PMP22, many of which are located in transmembrane helices, are hallmark features of CMT and DSS⁴⁷. Changes in the properties and conformation of proteins inside the myelin membrane can have a significant impact on myelin morphology and disease etiology.

Our studies involving the folding of P0ct and P0ct_{pept} suggest a strong influence of lipid electrostatics. While both display folding in the presence of negatively charged lipids, P0ct_{pept} appears to gain a tilted orientation in the membrane upon charge neutralization. This neuritogenic segment of P0ct can directly interact with lipid headgroups and fold into a rigid segment, and as the cytoplasmic side of the lipid bilayer is negatively charged, P0ct could adopt a defined orientation within the membrane. Other positively charged regions of P0ct might function in a similar manner. The adoption of a specific orientation in a membrane would aid in the formation of higher-order structures, which in turn could alter the behaviour, morphology, and rigidity of the membrane *per se* – as exemplified by our EM results at high protein concentrations. In general, membrane curving has been linked to phenomena highly relevant to P0 behaviour observed here at the molecular level; these include the asymmetric insertion of proteins to membrane leaflets, as well as the oligomerization of protein monomers into structures stabilizing a curved membrane shape⁴⁸.

The current study sheds light on the role of P0 at both the major dense line and the intraperiod line. If P0ct stabilizes the arrangement of P0 within a membrane, its importance for the integrity of myelin becomes obvious, and hints of potential molecular disease mechanisms arising from mutations within P0ct, many of which are specifically located within the neuritogenic helical sequence. The impact of these mutations has not yet been studied at the molecular level. Once the molecular basis of the disease mutations in P0ct has been solved, more functional aspects of P0ct will unravel, contributing to a better understanding of PNS compact myelin and its relation to CMT disease etiology.

Experimental Procedures

Cloning, protein expression, and Purification. A synthetic gene encoding for the 69 C-terminal residues (amino acids 151–219) of mature human myelin protein zero isoform 1 (UniProt ID: P25189) was transferred into the Gateway donor vector pDONR221 (Life Technologies). A tobacco etch virus (TEV) protease digestion site (ENLYFQG) was added before the gene, and the required *attB1* and *attB2* recombination sites before and after the gene, respectively. This entry clone was used to generate an expression clone in the pHMGWA vector⁴⁹, which encodes for an N-terminal His₆-tag, followed by a segment encoding for maltose-binding protein (MaBP), and finally followed by the inserted P0ct gene itself (His-MaBP-P0ct). A Cys153Leu mutation was included in the construct for two reasons: this cysteine is known to be palmitoylated *in vivo*, and free cysteines in small, disordered proteins are reactive and can easily result in unwanted intermolecular disulfides³⁷. While the introduced Leu residue is not comparable to native palmitoylation, it does manifest as a bulky hydrophobic residue, whilst keeping the protein in a soluble state.

His-MaBP-P0ct was expressed in *Escherichia coli* BL21(DE3) using 0.4 mM IPTG induction for 3 hours in LB medium, at 37 °C. After expression, the cells were collected using centrifugation, broken by ultrasonication in Ni-NTA washing buffer (40 mM HEPES, 400 mM NaCl, 20 mM imidazole, pH 7.5) supplemented with an EDTA-free protease inhibitor cocktail (Roche). Purification was performed using Ni-NTA affinity chromatography using standard procedures. Elution was performed using 32 mM HEPES, 320 mM NaCl, 500 mM imidazole, pH 7.5. The eluted protein was pre-dialyzed at 4 °C with constant stirring against 40 mM Tris-HCl, 400 mM NaCl, 1 mM DTT, pH 8.5, before addition of recombinant TEV protease for His-MaBP tag removal⁵⁰. Quantitative proteolysis was achieved by overnight dialysis, which resulted in cleaved P0ct with an additional N-terminal Gly residue. After this, sequential SEC using a HiLoad Superdex 75 pg 16/60 column (GE Healthcare) was used to separate the cleaved protein from any contaminants, TEV protease, and the cleaved tag, resulting in pure, monodisperse P0ct. Depending on downstream application, either 20 mM HEPES, 300 mM NaCl, 1% (w/v) glycerol, pH 7.5 (SEC buffer) or 20 mM HEPES, 150 mM NaCl, pH 7.5 (HBS) was used as size-exclusion buffer.

Full length P0 was obtained from the raft fraction of bovine nerves as described⁴⁰. The SDS extract was lyophilized until use. The protein was redissolved in water to regain the original buffer conditions and reconstituted into lipid membranes or other detergents through extensive dialysis. For EM imaging, control samples were taken from redissolved, non-reconstituted samples to control for the presence of putative membranes and multilayers from the original tissue source.

Mass spectrometry. The identity and accurate molecular weight of P0ct were verified by mass spectrometry. In short, the undigested mass of P0ct was determined using ultra-performance liquid chromatography (UPLC) coupled electrospray ionization (ESI) time-of-flight mass spectrometry in positive ion mode using a Waters Acquity UPLC-coupled Synapt G2 mass analyzer with a Z-Spray ESI source. The identity of P0ct was determined using peptide fingerprinting as described earlier for MBP¹⁶.

Multi-angle light scattering. SEC-MALS was used to determine the monodispersity and molecular weight of P0ct in solution. Chromatography was performed using an Äkta Purifier (GE Healthcare) and a Superdex 75 10/300GL (GE Healthcare) column with 20 mM HEPES, 300 mM NaCl, pH 7.5 as mobile phase. A 250- μ g P0ct sample was injected into the column at an isocratic flow of 0.4 ml/min, and light scattering recorded using a Wyatt miniDAWN TREOS instrument. The UV signal recorded at 280 nm was used as concentration source using the extinction coefficient of P0ct (Abs 0.1% = 1.061) calculated using ProtParam⁵¹. Data were analyzed using the ASTRA software (Wyatt).

Full length P0 was similarly run on SEC-MALS in the presence of different detergent micelles. The running buffer contained 250 mM sodium phosphate (pH 8.0), 1 mM EDTA, and 0.1% of either DPC or LDAO. A Superdex 200 column was used in the experiment. The protein conjugate analysis routine in the ASTRA software was used to obtain the molecular weight of P0 and the detergent in the separated peaks.

Small-angle X-ray scattering. SAXS data for P0ct were collected from samples at 1.1–4.2 mg ml⁻¹ in SEC buffer on the EMBL P12 beamline, DESY (Hamburg, Germany). Monomeric bovine serum albumin was used as a molecular weight standard. See Supplementary Table 1 for further details. Data were processed and analyzed using the ATSAS package⁵². GNOM was used to calculate distance distribution functions⁵³, and *ab initio* modeling was performed using GASBOR⁵⁴. Ensemble optimization analysis was performed using EOM⁵⁵.

Vesicle preparation. Cholesterol, DMPC, DMPG, DMPS, DOPC, DOPG and SM were purchased from Larodan Fine Chemicals AB (Malmö, Sweden). DMPE, DOPS and the deuterated d₅₄-DMPC and d₅₄-DMPG were purchased from Avanti Polar Lipids (Alabaster, Alabama, USA).

Lipid stocks were prepared by dissolving the dry lipids in chloroform or chloroform:methanol (1:1 v/v) at 10 mg ml⁻¹. All mixtures were prepared from the stocks at desired molar or mass ratios, followed by solvent evaporation under an N₂ stream and freeze-drying for at least 4 h at -52 °C under vacuum. The dried lipids were either stored air-tight at -20 °C or used directly to prepare liposomes.

Liposomes were prepared by agitating dried lipids with either water or HBS at a concentration of 2–10 mg ml⁻¹, followed by inverting at ambient temperature, to ensure that no unsuspended lipids remained in the vessel. MLVs were subjected to freeze-thawing using liquid N₂ and a warm water bath, with vigorous vortexing afterwards. Such a cycle was performed 7 times. LUVs were prepared by passing fresh MLVs through a 0.1- μ m membrane 11 times on a 40 °C heat block. SUVs were prepared by sonicating fresh MLVs. Either probe tip sonicators (a Branson Model 450 and a Sonics & Materials Inc. Vibra-Cell VC-130) or a water bath sonicator with temperature control (UTR200, Hielscher, Germany) were used to clarify the liposome suspensions, while avoiding overheating. All lipid preparations were immediately used for the designated experiments.

Synchrotron radiation circular dichroism spectroscopy. The synthetic P0ct_{pept} peptide (NH₂-ASKRGRQTPVLYAMLDHSRS-COOH) was ordered from GenScript as 5 mg lyophilized aliquots, which were dissolved directly in water. Folding predictions of P0ct_{pept} were generated using PEP-FOLD⁵⁶.

Full-length P0 was studied with SDS, LDAO, and DOPC:DOPS. For preparing P0 in detergents, the sample from purification was dialyzed against 10 mM sodium phosphate buffer (pH 8.0) containing either 0.1% SDS or 0.1% LDAO. For reconstitution into lipids, DOPC:DOPS (1:1) were added to 1 mg/ml, and dialysis was carried out against 10 mM sodium phosphate buffer (pH 8.0).

Isotropic SRCD data were collected from 0.2–0.5 mg ml⁻¹ protein and peptide samples in water on the UV-CD12 beamline at KARA (KIT, Karlsruhe, Germany)³⁹ and the AU-CD beamline at ASTRID2 (ISA, Aarhus, Denmark). We used unbuffered conditions to exclude any unwanted effects, like the electrostatic binding of inorganic phosphate to P0ct, which could interfere with protein binding to detergents and phospholipids. Samples containing lipids were prepared right before measurement by mixing P0ct (P/L ratio 1:200) or P0ct_{pept} (P/L ratio 1:25) with freshly sonicated SUVs, followed by degassing in a water bath sonicator at ambient temperature for 5–10 min. 100- μ m pathlength closed cylindrical cells (Suprasil, Hellma Analytics) were used for the measurements. Spectra were recorded from 170 to 280 nm at 30 °C and truncated based on detector voltage levels as well as noise. After baseline subtraction, CD units were converted to $\Delta\epsilon$ (M⁻¹ cm⁻¹), using P0 and P0ct concentration determined from absorbance at 280 nm, or by calculating from the stock concentration of the peptide. SDS and TFE were purchased from Sigma-Aldrich and the detergents LDAO, OG, DM, and DPC from Affymetrix. P0ct and P0ct_{pept} were measured several times in the absence of additives, as well as with DOPC:DOPS (1:1) and DMPC:DMPG (1:1) and the observed spectra were deemed reproducible – the observed trends were always the same and the spectral maxima and minima were accurately present at their typically observed wavelengths.

OCD spectra were measured at the UV-CD12 beamline at KARA (KIT, Karlsruhe, Germany)³⁹. 10 μ g of P0ct was mixed with 200 μ g DMPC or DMPC:DMPG (1:1) SUVs to yield 1:50 P/L samples in water, which were carefully dispensed on quartz glass plates (Suprasil QS, Hellma Optik GmbH, Jena, Germany) within a circular (\varnothing 1.2 cm) area and allowed to dry at ambient temperature. A background sample without peptide was also prepared. The samples were assembled into humidifier chambers containing a saturated K₂SO₄ solution, and allowed to swell for 16 hours at 30 °C and over 97% relative humidity. After the swelling-induced formation of oriented lipid bilayers, the sample chambers were mounted on the beamline (swelled sample perpendicular to the incident beam) and allowed to equilibrate to the original 30 °C temperature and >97% relative humidity. Single-scan spectra were recorded from 170 to 280 nm in 0.5 nm steps at sample rotation angles 0, 45, 90, 135, 180, 225, 270, 315°. The eight spectra were averaged and the lipid background spectrum was subtracted from the sample spectrum.

Differential scanning calorimetry. P0ct was mixed with MLVs in HBS at several protein-to-lipid ratios (1:250–1:1000), always containing 160 μ M of either DMPC, DMPC:DMPG (4:1), or DMPC:DMPG (1:1), in final volumes of 700 μ l. Lipid samples without P0ct were prepared as controls. The samples were incubated at 37 °C for

10 min to ensure thorough protein association with the vesicles, and degassed for 10 min in vacuum with stirring at 10 °C before measurements.

DSC was performed using a MicroCal VP-DSC calorimeter with a cell volume of 527.4 μl . The reference cell was filled with HBS. Each sample was scanned from 10 to 50 °C and again back to 10 °C in 1 °C min^{-1} increments. Baselines were subtracted from sample curves and zeroed between 15 and 20 °C to enable easier cross-comparison. All samples were prepared and measured twice, with the underlying trends being reproducible.

Surface plasmon resonance. SPR was performed on a Biacore T200 system (GE Healthcare). According to the manufacturer's instructions, 100-nm LUVs of 1 mM DMPC:DMPG (1:1) and 1 mM DOPC:DOPS (1:1) were immobilized on separate channels on an L1 sensor chip (GE Healthcare) in HBS, followed by the injection of P0ct. Chip regeneration was performed using a 2:3 (v:v) mixture of 2-propanol and 50 mM NaOH. The used P0ct concentrations were 20–2000 nM in HBS, and a single concentration per each lipid capture was studied; all samples were prepared and measured in duplicate. In each run, a single sample was measured twice to rule out instrumental deviation. The binding response as a function of protein concentration was plotted and fitted to the 4-parameter model,

$$R = R_{hi} - \frac{R_{hi} - R_{lo}}{1 + \left(\frac{[P0ct]}{A_1}\right)^{A_2}},$$

to gain information about association affinity. For kinetic analyses, all association phases (180 s after injection of P0ct) were individually fitted to a one-phase exponential association model using GraphPad Prism 7. The determined k_{obs} values were plotted against P0ct concentration and fitted using linear regression to determine k_{on} (slope of the curve) and k_{off} (Y-intercept of the curve). The values were extracted from two individually fitted data-sets: one containing all data (Fitting set 1) as well as one omitting all data points below 350 nM P0ct (Fitting set 2).

Vesicle turbidimetry and X-ray diffraction. For turbidimetric measurements, SUVs of 0.5 mM DOPC:DOPG (1:1) and DMPC:DMPG (1:1), both with and without supplemented 10% (w/w) cholesterol, were mixed with 0.5–10 μM P0ct in duplicate. Light scattering was recorded at 450 nm for 10 min at 25 °C using a Tecan M1000Pro plate reader. The results were analyzed after the observed optical density per time had stabilized.

SAXD experiments were performed to investigate any repetitive structures in turbid samples. 10 and 20 μM P0ct was mixed with SUVs of 1–3 mM DMPC:DMPG (1:1) in HBS at ambient temperature and exposed at 25 °C on the EMBL P12 BioSAXS beamline, DESY (Hamburg, Germany). A HBS buffer reference was subtracted from the data. Lipid samples without added P0ct were devoid of Bragg peaks. The peak positions of momentum transfer, s , in P0ct-lipid samples were used to calculate mean real-space repeat distances, d , in proteolipid structures, using the equation

$$d = \frac{2\pi}{s}, \text{ where } s = \frac{4\pi \sin\theta}{\lambda}.$$

Atomic force microscopy. Fresh DOPC:DOPS (1:1) SUVs were unrolled on freshly cleaved mica (\varnothing 1.2 cm) in HBS-Ca (10 mM HEPES, 150 mM NaCl, 2 mM CaCl_2 , pH 7.5), by covering the mica entirely with 0.2 mg ml^{-1} SUVs, followed by a 20-min incubation at 30 °C, and washing twice with HBS-Ca.

The samples were imaged immediately in HBS at ambient temperature using an Asylum Research MFP-3D Bio instrument. TR800PSA cantilevers (Olympus; spring constant (k) range 0.59–0.68 N m^{-1} , resonance frequency 77 kHz) were used in alternative current (AC) mode. Square 256 \times 256 pixel scans were acquired from areas between 5–20 μm , using a 90° scanning angle and a 0.6–0.8 Hz scan speed. The resulting scan images were processed in Igor Pro 6.37.

After confirming the presence of lipid bilayers, 1.8–10 μM P0ct was added onto the bilayer samples in HBS. After a 15-min incubation period at ambient temperature, the bilayers were washed twice with HBS, and imaged as above. For each protein concentration, 2 samples were prepared and scanned with identical results. At least 3 different parts per sample were scanned to gain an insight into any sample heterogeneity.

Electron microscopy. For negative stain EM, 740 μM DMPC:DMPG (1:1) SUVs were mixed with P0ct using protein-to-lipid ratios of 1:25, 1:50, 1:100, 1:200 and 1:500 and incubated at 22 °C for 1 h. EM grids with P0ct or full-length P0 samples were then prepared, stained, and imaged as described^{7,16}.

For cryo-EM, full-length P0 (0.9 mg/ml) was reconstituted into lipid membranes, after dissolving the lyophilized protein extract in 10 mM sodium phosphate (pH 8.0), 0.4% DM. P0 was mixed with *E. coli* polar lipids or DOPC (both at 5 mg/ml in 2% DM) at lipid-to-protein ratio of 0.5 (w/w) and dialyzed against 10 mM sodium phosphate (pH 8.0) for 5 days at 37 °C. The total ternary mixture volume was 65 μl .

Approximately 3 μl of the P0 reconstituted into *E. coli* polar lipids (\sim 0.65 mg ml^{-1}) were applied onto glow-discharged Quantifoil holey carbon grids (R 1.2/1.3, R 2/2, or R3.5/1, Cu 400 mesh, Quantifoil Micro Tools GmbH, Germany). After 2-s blotting, grids were flash frozen in liquid ethane, using an FEI Vitrobot IV (Vitrobot, Maastricht Instruments) with the environmental chamber set at 90% humidity and a temperature of 20 °C. Samples were imaged with FEI Titan Krios TEM operated at 300 keV, and images were recorded using a Gatan K2-Summit direct electron detector. Images were collected manually in electron-counting mode at a nominal magnification of \times 22,500 and a calibrated pixel size of 1.3 Å. Each image was dose-fractionated to 40 frames (8 s in total, 0.2-s frames, dose rate 6–7 $\text{e}^-/\text{pixel/s}$). Movie frames were aligned with MotionCorr⁵⁷ and pre-processed on the fly with 2dx_automator⁵⁸. For image processing were used 20 drift-corrected cryo-EM images.

Particles were boxed and segmented using e2boxer.py in EMAN2⁵⁹. From all images more than 9000 overlapping, CTF-corrected, segments with size of 160 × 160 pixels (208 Å × 208 Å) were selected. 2D class averages of P0 between lipid bilayers were calculated with SPRING software⁶⁰.

Data Availability

The datasets generated and analyzed during the current study are available from the corresponding author on reasonable request.

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Additional Information

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